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RAPID DETECTION OF ENTEROTOXIGENIC *E. COLI* RECOVERED FROM BUFFALO MEAT PRODUCTS USING PCR.

(With 2 Tables)

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الكشف السريع للايشريشية القولونية المعوية السامة المعزولة من منتجات
لحوم الجاموس باستخدام اختبار سلسلة البلمرة التفاعلية

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تم تجميع عدد ١٠٠ عينة عشوائية من اللحوم المفرومة، السجق، الهامبرجر والبسطرمة المصنعة من اللحوم من الجاموسي من اسواق مختلفة وكذا منافذ بيع صغيرة فى كل من القاهرة والجيزة. تم فحص العينات بكتريولوجيا وذلك لايجاد نسبة الاصابة بالميكروب القولونى وذلك باستخدام طريقة الزرع المباشر. تم اختبار المعزولات ببيوكيميايا بالاضافة الى الاختبارات السيرولوجية وكذا البيوكيميائية وذلك لتحديد الميكروب القولونى الممرض. تم اجراء اختبارات الضراوة للمعزولات المختلفة وذلك باختبار قدرتها على افراز السموم المعوية وذلك باستخدام طريقة الفئران الرضعية (mouse suckling technique). تم اجراء الكشف عن السموم المفرزة باستخدام اختبار سلسلة البلمرة التفاعلية حيث اظهرت النتائج عن كفاءة عالية للاختبار وتطابق شديد وبنسبة تعادل ١٠٠% مع الطرق التقليدية فى التشخيص وكذا الكشف عن السموم.

SUMMARY

A total of 100 random samples each from meat products from buffalo meat (fresh minced meat, sausage, beef burger and basterma) were collected from different markets and small shops in Cairo city, Egypt. All samples were examined bacteriologically to determine the prevalence of *E. coli* using direct plate technique. Recovered isolates were subjected for biochemical identification, biotyping as well as serological characterization for detection of enteropathogenic *E. coli* serovars. All isolates were tested for their virulence by examining their

ability to produce *E.coli* heat stable enterotoxins using mouse suckling technique and Polymerase Chain Reaction to detect gene encoding for the heat stable enterotoxins STI.

Key words: *E.coli*, PCR, buffalo meat, meat products.

INTRODUCTION

The pathogenic strains of *Escherichia coli* recovered from the intestinal tract of animals fall into four categories called enterotoxigenic, enteropathogenic, enterohemorrhagic and necrotoxicogenic. The other two categories, are enteroinvasive and enteroaggregative (DebRoy and Maddox, 2001).

There is still only a very limited amount of information on the efficacies of the various protocols in detecting bacterial pathogens especially toxigenic *Escherichia coli* in naturally contaminated food samples. In order to develop toxic gene amplification protocols that have relevance to the meat industry there must be a concerted effort to utilize naturally contaminated samples in the development and evaluation of protocols as well as to initiate multilaboratory about robin evaluations of select protocols. Availability of multilaboratory tested methodologies would provide a means to design pathogen detection strategies at the quality control level rather than an end product confirmatory response to an already documented outbreak (MacDonald *et al.*, 2004).

Food may be derived from a source free from microbial contaminants but becomes contaminated in the course of manufacture transport or sale to food handlers, utensils, air, soil and incomplete hygienic conditions during manufacturing like packaging, storage, slicing and marketing of such products promote the growth and multiplication of various bacteria one of which being *Escherichia coli* (Bryan, 1982).

The native habitat for *Escherichia coli* is the intestinal tract of man and animals; therefore its presence in food generally indicates direct or indirect pollution of faecal origin. *Escherichia coli* is the classical indicator of the possible presence of enteric pathogens in food. On the other hand, meat products constitute a public health hazard either due to the presence of spoilage bacteria responsible for unfavorable changes or pathogenic bacteria like *Escherichia coli* which can lead to harmful effects as infection or intoxication in consumers (Mehlman and Romero, 1982).

Polymerase chain reaction is an in-vitro amplification technique for enzymatic synthesis of specific DNA sequences using two oligonucleotide primers that hybridize to opposite strands and flank the region of interest in the target DNA. A repetitive series of cycles involves: template denaturation, primer annealing, and extension of the annealed primers by thermostable DNA polymerase (Erlich *et al.*, 1991). PCR is used now in large scale as a recent techniques for detection of virulence factors in enterotoxigenic *Escherichia coli* serotypes in meat and meat by products (Feng and Monday, 2000 and Makino *et al.*, 2000). Enterotoxigenic *E.coli* strains have been known to cause traveler's diarrhea, gastrointestinal infection and diarrhoeal illness (Sharp *et al.*; 1995). Such strains are known to produce heat-labile enterotoxins (LT) that are antigenic and similar to cholera enterotoxin and/or a heat-stable enterotoxin (ST) that are of small molecular weight and are non-antigenic (Frank *et al.*, 1977 and Niazi and Refai 1988).

Public health authorities began to reevaluate the role of *Escherichia coli* in food and water illness, the routine laboratory screening for *Escherichia coli* in food is now not restricted only for the isolation, biochemical and serological identification of enteropathogenic *Escherichia coli* (EPEC) incriminated in food outbreaks, but it is extended to detect enterotoxigenic *Escherichia coli* (ETEC) (Niazi and Refai, 1988).

The present work was planed to illustrate the significance of the presence of *E.coli* in meat products through the following:

- 1-Incidence of *Escherichia coli* in meat products (raw minced meat, fresh sausage, frozen beef burger and basterma slices).
- 2-Detection of enterotoxigenic strains of *E .coli* by mouse suckling test.
- 3-STI gene detection for identification of enterotoxigenic isolates of *E. coli* by PCR using STI specific primers.

MATERIALS and METHODS

A total of 100 random samples each from fresh minced meat, sausage, beef burger and basterma were collected from different markets and small shops in Cairo, Egypt.

All samples were prepared according to the technique recommended by ICMSF (1978) as follows:

Twenty five grams of each meat sample were transferred to a sterile blender jar to which 225 ml of sterile 0.1% peptone water was added to provide a solution of meat to peptone water 1/10. The blander

was operated at 2000 rpm. for 2.5 minutes. The homogenate was then allowed to stand for 15 minutes at room temperature. The content of the jar was mixed by shaking before applying the following:

1- Direct plate technique (DPC)

Surface spread plate method recommended by Barraud *et al.* (1967) was followed. From each plate, glistening circumscribed completely separate colonies were selected and subcultured on smaller plates containing the same medium and kept as stock culture. Isolates were subjected for Gram's stain (Colle *et al.*, 1996) and were biochemically identified according to Bailey and Scott (1990) .

Serological identification of enterotoxigenic *E. coli*:

Agglutination test was carried out according to Edwards and Ewing (1972). Each isolate was first tested for its agglutinability to the diagnostic OK polyvalent sera (Wellcome) which were intended for use by slide agglutination technique. Once the pathogenic type has been indicated by the use of polyvalent sera, further serotyping was made with the appropriate OK monovalent sera.

Biotyping of the isolates:

Biotyping was determined according to Burrow (1985) by using of carbohydrates fermentation, decarboxylation of lysine and ornithine, and hydrolysis of esculin tests.

Identification of enterotoxigenic *Escherichia coli* (ETEC) isolates:

All isolates of *E. coli* were tested for their ability to produce heat stable (ST) enterotoxin by applying mouse suckling technique as well as PCR techniques .

Samples preparation for recovery of enterotoxin:

The isolated *E. coli* strains were grown over night in brain heart infusion broth and then inoculated in culture medium (10 ml of casamino acids yeast extract medium) in a 250 ml Erlenmeyer flask prepared specifically for production of toxins according to Evans *et al.* (1973). After inoculation, the flasks were incubated with shaking on rotatory shaker at 37°C for 24 hours. The culture fluid was centrifuged at 250 x g for 30 min. at 4°C. The supernatant was then taken and subjected to heat treatment (80°C for 30 min.) before storing at - 70°C for detection of heat stable enterotoxin (ST) .

Detection of heat stable enterotoxins (ST) among *E. coli* isolates.

It was carried out using suckling mouse test according to the method of Giannella (1976).

PCR techniques for detection of enterotoxigenic *E. coli* enterotoxins (STI) gene.

E. coli plasmid DNA was isolated by the alkaline lysis method (Birnboim and Dolly 1979). Briefly single colonies from individual isolates were inoculated in 4 ml LB (bacto-tryptone 10g, bacto yeast extract 5 g, NaCl 10 g .per 1L H₂O) medium and grown overnight at 37⁰ C on a shaker. Next day the bacterial culture was transferred to a sterile Eppendorf tube and centrifuged for 15 sec. at 14000 rpm/ 4⁰ C. The supernatant was discarded and this procedure was repeated once. Then the bacterial pellet was resuspended in 200µl GTE solution (50mM Glucose,25mM Tris-HCL pH-8,0 10mM EDTA pH-8,0) by vortexing. Next 300µl cell lysis solution was added (freshly prepared 0,2N NaOH, 1% sodium dodecyl sulfate). Tubes were gently inverted 5 times in order the two solutions to be mixed. Next 300µl neutralization solution (5M Sodium Acetate) was added to the tubes and then tubes were centrifuged at 14000 rpm/ 4⁰ C for 10 min in order bacterial proteins to be removed. Next to the supernatant 800µl 2-propanol was added tubes inverted and centrifuged at 14000 rpm/ 4⁰ C for 10 min in order to precipitate plasmid DNA. The pellet was washed once with 70% Ethanol allowed to dry for 10 min at room temperature with tubes inverted and dissolved in 500µl autoclaved water. To this solution 10µl RNA-ase H (10mg/ml) was added and the tubes were incubated at 37⁰ C for 30 min. Next the plasmid DNA was extracted with 500µl Phenol/Chlorophorm. Tubes were vortexed and centrifuged 10min/4⁰ C. and then the water phase was extracted only with Chlorphorm with the same centrifugation step. Finally the pure plasmid DNA was precipitated by adding to the supernatant 50µl 3M Sodium acetate and 500µ 2-propanol, centrifuged 14000 rpm/ 4⁰ C for 20 min., washed by 70% Ethanol, allowed to dry for 10 min at room temperature with tubes inverted and dissolved in 50µl autoclaved water. Five microliters from isolated plasmid DNAs was checked by 0.7% agarose gel electrophoretic analysis with 1 x TAE buffer (0.04M Tris-acetate, 0,001M EDTA) as electrophoretic buffer, and stained with ethidium bromide, visualized under UV light and photographed. Plasmid DNA was stored at -20⁰ C.

STI enterotoxins gene was detected by PCR using the set or primers and PCR conditions reported by Hau-YangTsen and Chi, (1996). PCR was done in total volume of 20µl in a thermal cyler.

To 500 µg-1µg plasmid DNA
2µl 10xPCR buffer,
2µl DNTPs (25µlM each)

1µl Each primer (pM10)

0,5U Taq DNA polymerase

Water to 20 µl

STI-P1:5'GGAGGTAATGAAIAAIIIAATITT3'

STI-P2:5'TTACAACAIAITTCACAGCAGTAA3'

PCR conditions

Denaturation 94⁰ C / 20 sec.

Annealing 50⁰ C / 30sec.

Extension 72⁰ C / 30 sec.

Final extension 72⁰ C / 2 min.

Total number of cycles 40.

After the amplification the PCR product was resolved on 2% agarose gel and visualized as described above.

RESULTS and DISCUSSION

Traditionally, microbiological testing of meat products has involved isolating microorganisms from meat samples and performing specific biochemical, and in some cases serological tests to confirm the presence or absence of suspected food-borne pathogens. Given the public attention meat products have received as sources of food-borne disease, there has been considerable interest in the application of rapid detection techniques that require hours rather than days for completion. Theoretically, rapid detection methods could reduce the time from the initial sampling to confirmation so that conclusive results would be available by the time to process the meat product (Pillai and Ricke, 1995).

In this study a total of 100 samples of minced meat, sausage, beef burger and basterma from buffaloes origin were used for investigation of the presence of enterotoxigenic strains of *E. coli*. The results showed that *E. coli* was isolated from minced meat with an incidence of (44%) followed by 40%, 12% and 8% from sausage, beef burger and basterma respectively (Table 1)

Table 1: Prevalence of *E. coli* in relation to its biovar.

Samples	Total no. of examined samples	positive samples		Biovar I	Biovar II
		No.	%		
Minced meat	25	11	44	5	6
Sausage	25	10	40	9	1
Beef burger	25	3	12	2	1
Basterma	25	2	8	1	1

Biochemical characterization of *E. coli* isolated from meat and meat products is considered as an important primary routine examination of environmental food specimens (Mehlman and Romero 1982). *E. coli* biotype I is generally recommended as an indicator of direct or indirect faecal or non faecal contamination of food, particularly meat and meat products (Mossel, 1962). With good manufacturing practice, *E. coli* contamination on meat is generally considered to come from skin or hide of animals during processing (Newton *et al.*, 1977). Furthermore, *E. coli* biotype I in the stationary growth phase survives well in frozen and fresh meat (Stiles and Lai-King 1981) and grow in meat at improper storage temperature.

The high frequency of *E. coli* biotype we recovered from tested meat products and identified biochemically, this finding is in agreement with previous reported by Anderson and Parker (1975) ; Stiles and Lai-King (1981) and Mehlman and Romero (1982) who recorded that *E. coli* biotype I was detected as the most common *E. coli* biotype at all stages of meat handling. This indicates that it may be present in meat throughout the meat handling system' (raw meat contact surface, beef work surface paking plants and equipments).

The presence of atypical *E. coli* (biovar II) particularly *E. blattae* and *E. inactive* in tested raw minced meat and fresh sausage is also indication of potential contamination as well as of public health significance. In this respect, Arbuzova (1970) and Melechenev (1970) reported that some enteropathogenic *E. coli* strains isolated from children and adults with diarrhoea were belonging biochemically to atypical *E. coli* and/ or non lactose fermenters.

On the other hand, the two strains of atypical *E. coli* recovered from beef burger and basterma (one strain each) were identified as *E. blattae*. Furthermore, the present study has demonstrated that *E. coli* biovar I (or typical) was the principle biotype occurring in meat products with total frequency of 70%.

Table 2: Serotyping of *E. coli* isolates in different samples

Samples	Serotypes		
	Serovar type	No.	%
Minced meat	O44: K47	2	16.6
	O124: K72	1	8.3
	O127:K63	1	8.3
Sausage	O124: K72	1	8.3
	O78:K80	1	8.3
	O86:K61	1	8.3
	O111:K58	1	8.3
Beef burger	O124:K72	1	8.3
	O25:K11	1	8.3
Basterma	Untypable	2	16.6
Total		12	

Serotypes of all isolates were determined and the results obtained showed that all isolates from meat products samples could be identified by certain OK serotypes except for basterma which showed that all isolates were non typable and this may be attributed to the less number of serotypes according to the company used (Table 2).

Out of 26 *E.coli* isolates recovered from different meat product samples tested, only 12 isolates (46%) could be serologically typed as enteropathogenic *E.coli* (EPEC). These strains revealed 7 different classic EPEC serovars namely O124:K72 (B17) and O44: K74 (2 strains) and one strain from each of O86:K61, O25:K11, O78:K80, O111:K58 and O127:K63.

The serovar O124: K72 was recovered from fresh minced meat (1 strains.), fresh sausage (1 strains) and beef burger (one strain). The serovars O44:K74 (2 strains) and O127 :K63 (one strain) were isolated only from raw minced meat, whereas the serovars O78: K80, O86: K61 and O111:K58 were recovered from fresh raw sausage and the serovar O25:K11 was obtained only from the frozen beef burger.

None of *E.coli* strains recovered from basterma slices were enteropathogenic. These findings are nearly similar to those recorded by Gobran (1985), Niazi and Refai (1988) for *E.coli* serotypes isolated from raw minced meat, fresh sausage and beef burger.

In this respect, Gobran (1985) isolated *E.coli* serotype O86: K61, O111: K58, O125: K70, O127:K63 and O114:K90 from manufactured minced meat and only the serotype O55: K59 from sausage. Moreover

Niazi and Refai (1988) identified serologically the *E.coli* serovars recovered from minced meat and sausage as O26:K61, O55: K59, O86: K61, O111: K58, O114:K 9o , K119 :K 69, O124: K72 and O128:K 67.

Furthermore the findings that enteropathogenic *E.coli* was failed to be detected in basterma samples as previously reported by Saad (1976) and Gobran (1985) confirmed what have been reported in the present study that the isolated *E.coli* from basterma were untypable strains.

Most of the detectable classic enteropathogenic *E.coli* (EPEC) isolated from the tested meat products samples particularly minced meat, sausage and beef burger were previously reported to be incriminated in different infantile diarrhoea and gastrointestinal outbreaks in adult human (Klipstein *et al.*, 1978 and Edelman and Levine, 1983).

Out of the *E. coli* strains obtained from meat products samples, 5 isolates (19.3 %) were found to be enterotoxigenic *E.coli* (ETEC) (Table 3). Only four *E.coli* strains were belonging to the classic EPEC (Serovars O25:K11, O44:K74, O86:K61 and O111: K58) were found to be enterotoxigenic *E.coli* (ETEC) including two strains of serotype O44:K74 recovered from minced meat produced one *E.coli* serotype O25:K11 recovered from beef burger produced ST, one strain belonging to serovar O86:K61 recovered from fresh sausage and one isolate of *E. coli* serotype O111: K58 recovered from fresh sausage. Meanwhile none of other classic enteropathogenic serovar could produce enterotoxin.

Table 3: Correlation between *E. coli* serovars and nterotoxigenic *E. coli*

Samples	<i>E. coli</i> isolates		
	Serovar type	No.	Toxins producer
Minced meat	O44: K74	2	Stable toxin
	O124: K72	1	Non
	O127:K63	1	Non
Sausage	O124: K72	1	Non
	O78:K80	1	Non
	O86:K61	1	Stable toxin
	O111:K58	1	Stable toxin
Beef burger	O124:K72	1	Non
	O25:K11	1	Stable toxin
Basterma	Untypable	2	Non

Some of outbreaks of diarrhoea in which certain *E.coli* strains belonged to the EPEC group have been incriminated due to LT and/or ST producing strains, while others have been due to EPEC strain with other virulence factors Niazi and Refai (1988). In this respect, Addy *et al.* (2004) and Muza *et al.* (2004) reported that enteropathogenicity at least of classic EPEC strains which do not produce LT or ST, is due to another enterotoxins which is not detected by standard test for ST and LT e.g. cytotoxin, verotoxin or VT which differ from LT and ST (Scotland *et al.*, 1981). Moreover, Orskov *et al.* (1977) recorded that the enterotoxigenic strains (ETEC) generally belonged to serovars different from those of enteropathogenic *E.coli* strains. Klipstein *et al.* (1978) pointed out that the property of enterotoxigenicity is clearly not restricted to enteropathogenic serotypes, Both enteropathogenic and non-enteropathogenic serotypes have been shown to be toxigenic as measured by biological and serological tests and appears to be isolated from persons with acute diarrhoea. The classic antigenic determinants of enteropathogenic serotypes are chromosomally mediated, whereas both enterotoxin production and the presence of surface antigens which promote adhesion to mucosal surface are plasmid encoded, (Gyles and Falkow., 1974 and Evans *et al.*, 1975).

In comparing the incidence of enterotoxigenic *E.coli* among the total isolates of *E.coli* recovered from food, Sack *et al.*, (1977) found that 8% of 248 isolates obtained from food of animal origin were enterotoxigenic. Serafim *et al.*, (1979) stated that 10% of *E.coli* recovered from sausage and hamburger were enterotoxigenic while Niazi and Refai (1988) recorded that 21.87% of *E.coli* strains recovered from raw minced meat and raw sausage belonged to the enterotoxigenic type (ETEC).

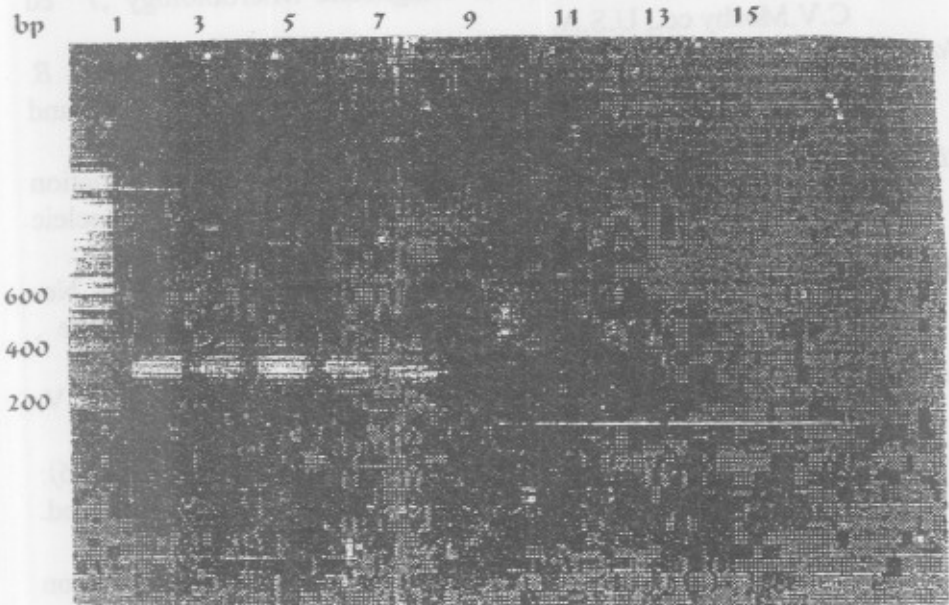
Some of the classic EPEC serovars found in the present study O25:K11, O44:K80, O86:K61 and O111:K58 were identified also here as enterotoxigenic types which are very common cause of infantile diarrhoea and travellers diarrhoea (Wood *et al.*, 1983 and Kristine *et al.*, 1985).

Regarding the incidence of *E.coli* implication in cases of gastroenteritis and or infants diarrhoea in Egypt, it was estimated by different authors as follows 18% (Abd Eil-Aziz, 1987),-13.58% (Ahmed, 1980), 16% (Ibrahim, 1981) and 54% (Marzouk,1985). On the other hand, Matsievskii *et al.* (1971) recorded that the serotype O124:K72 of *E.coli* isolated from a total of 198 children and 90 personnel members of children's sanatorium was implicated in acute outbreak of

food poisoning among them. The *E.coli* serotype 0124:K72, was recovered from raw minced meat and raw sausage tested in the present investigation.

Many researchers recommended the modern molecular biology techniques as diagnostic tools ,they concluded that in comparison to culture method, PCR was found to be more sensitive method and yielded the highest percentage of positive results. In addition PCR techniques fasten the diagnosis and minimize labor needed for isolation (Pinnow *et al.*, 2001).

So, it become convenient and also needed for a technique to be applicable for detection of enterotoxigenic isolates and PCR is one of the promising techniques, Results obtained here were in concurrence by using mouse sucking techniques as all the four isolates detected were also positive by PCR techniques with an incidence of 100%.



Detection of heat stable toxins 1(ST1) gene in *E. coli* plasmid DNA using PCR primer pairs ST1-P 1/ST1-P2

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