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**ASSESSMENT OF AUTOMATIC AND HAND MILKING  
SYSTEMS OF COWS IN RELATION  
TO SOME BEHAVIORAL AND HYGIENIC  
INDICATIONS OF STRESS**  
(With 4 Tables and 5 Figures)

By

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**تقييم نظامى الحلب الآلى واليدوى للأبقار باستخدام بعض الدلالات السلوكية  
والصحية للإجهاد**

**معتز أحمد عبد الرحمن ، مديحه حسنى أحمد ، صابر عبد المتجلى قطب**

أجريت هذه التجربة داخل محافظة أسيوط على عدد ٢٠ من الأبقار الفريزيان الحلوب والتي كانت تحلب بالنظام الآلى وكذلك ٢٠ من نفس النوع من الأبقار والتي كانت فى نفس العمر والمرحلة الإنتاجية وتحلب بالنظام اليدوى. سكنت هذه الحيوانات داخل المساكن المخصصة لها تحت الظروف البيئية الساندة مع توافر مياه الشرب بحرية طوال فترة التجربة وتغذيتها على مخلوط المركزات التجارى الخاص بالأبقار الحلوب بالكمية التى تتناسب مع متوسط إنتاجها اليومى من اللبن. وضعت هذه الحيوانات تحت الملاحظة اليومية لمدة ١٥ يوم كفترة ضابطة لقياس السلوكيات الدالة على الإجهاد فى الأوقات اليومية البعيدة عن فترة الحليب مع أخذ عينات دم من هذه الحيوانات لتحديد مستوى هرمون الكورتيزول بها فى هذه الفترات. أجريت عملية الحلب لكل حيوان سواء بالنظام الآلى أو بالنظام اليدوى مرتين يوميا فى تمام السادسة صباحا والسادسة مساء وقد أجريت القياسات التالية على الحيوانات أثناء عملية الحلب: - الدلالات السلوكية للإجهاد - الحالة الصحية - مستوى هرمون الكورتيزول فى اللبن. وقد أثبتت النتائج التى تم الحصول عليها أن الحلب الآلى للأبقار على الرغم من التسليم بأنه الأكفأ فى زيادة معدل إنتاج الحليب والحصول على لبن ذو مواصفات صحية عالية إلا أن إجراء عملية الحلب دون وجود تعامل يدوى بين الحلاب والحيوان يعتبر من العوامل المسببة للإجهاد والتي كان لها تأثير معنوى واضح على كل من الحالة السلوكية والفسيوولوجية والصحية للأبقار الحلوب مع وجود ارتفاع معنوى لمستوى هرمون الكورتيزول فى ألبان هذه الحيوانات. وقد أوصت الدراسة بوجود العمال القائمين بالإشراف على هذه الحيوانات أثناء عملية الحلب الآلى لما له من تأثير متوقع على تقليل الإجهاد الذى تتعرض له هذه الحيوانات مع ما يتبعه من خفض مستوى هرمون الكورتيزول فى اللبن.

## SUMMARY

Twenty multiparous lactating Friesian cows were randomly chosen from a herd of 50 cows milked with an automatic milking system. In addition, another 20 multiparous lactating Friesian cows were randomly chosen from a herd of 50 cows milked with a hand milking system. Each group of cows was housed in a suitable cow byre under the prevalent environmental conditions. Experimented cows of both groups were in their 3<sup>rd</sup> lactation season. A commercial concentrate mixture for dairy cows was fed to the animals in the milking parlour according to their average milk yield. Barseem was offered to cows in their byres. Animals were allowed free access to the water troughs all the times except during milking where there was no water available in the collecting yards or milking parlour. Cows were milked separately twice a day at 6:00 a.m. and 6:00 p.m., either automatically or handy according to the group. Three parameters were selected to be investigated and measured during this experiment: -Behavioral indicators of stress -Health status -Milk cortisol. The obtained data indicated that, although auto milking is a very important matter in increasing the milk yield and its hygienic state, it seems to indeed affect the behavioral and physiological response as well as health status of cows during milking. Moreover, this study concluded that, human-animal interaction has known positive effects on cortisol level in the sense of stress reduction, where milking without a stockperson, and therefore without any handling procedures, could be more stressful. This finding recommended that, presence of stock persons or workers who managed the dairy cows in their byres during their auto milking is of great importance to minimize stress and so, decrease the level of cortisol in the collected milk.

*Key Words: Milking system, behavior, stress, cows.*

## INTRODUCTION

In addition to housing and feeding, the milking system is another part of dairy production that has the potential to be automated. Introduction of automatic milking systems could be compared with the revolution in corn harvesting caused by the development of the machines. However, it could have a negative influence on the cow-farmer relationship if all of the cows' basic requirements are freely accessible and they are therefore left alone.

When justifying the use of fully automatic milking in dairy production, some often mentioned advantages are better time management for farmers as well as better udder health and higher milk yield. (Ipema *et al.*, 1988). However, early studies have shown that cow behavior is affected by the design of the automatic milking systems. (Kremer and Ordolff, 1992) concluded that cows had been suffering from stress due to the novelty of the milking box. Uetake *et al.* (1997) saw differences in social behavior between conventionally and automatically milked herds. If there are less milking compartments in the automatic system, cows aren't able to react together. Automatic milking systems transfer the decision to the cows of when to be milked (Ketelaar *et al.*, 1996). Automatic milking also seems to restrict cows' behavior because they spend more time standing at the feeding gate and collecting yards (Ketelaar *et al.*, 1998). Moreover, Prescott *et al.* (1998) found that feeding during milking in an automatic milking system tended to create more shuffling during teat cup attachment, but did not improve cows behavior.

Another important factor to be considered when examining cows' adaptability to the automatic milking system is the stress responses of the cows themselves (Hemsworth *et al.*, 1989, Lay *et al.*, 1992 and Hopster *et al.*, 1998). In a recent study, (Hopster *et al.*, 2000) found significant differences in acute stress responses between automatically and conventionally milked cows.

The aim of the present study was to explore the stress response of cows in both milking systems. Therefore, this study was conducted as an explorative field study under practical conditions in order to investigate behavioral and physiological parameters of cows milked in an automatic milking system as compared to those milked handy in a milking parlor.

## **MATERIALS and METHODS**

### **I- Animals used:-**

This experiment was done in a dairy farm at the vicinity of Assiut Governorate, Egypt. Twenty multiparous lactating Friesian cows were randomly chosen from a herd of 50 cows milked with an automatic milking system. In addition, another 20 multiparous lactating Friesian cows were randomly chosen from a herd of 50 cows milked with a hand milking system. Each group of cows was housed in a suitable cow byre under the prevalent environmental conditions. Experimented cows of both groups were in their 3<sup>rd</sup> lactation season.

## **II- Feeding, watering and management:-**

A commercial concentrate mixture for dairy cows was fed to the animals in the milking parlour according to their average milk yield. However, barseem was offered to cows in their byres at a rate of 10 kg dry matter / cow / day (Little *et al.*, 1979). Mineral salt rocks were hanged freely in front of the animals.

In each byre, water was supplied directly from tap water in a large, well-cleaned concrete water trough, which placed on the ground. Animals were allowed free access to the water troughs all the times except during milking where there was no water available in the collecting yards or milking parlour. Cows were milked separately twice a day at 6:00 a.m. and 6:00 p.m., either automatically or handy according to the group.

## **III- Data collection:-**

This experiment was carried out during the months of February and March, 2007. Before starting the experiment, experimented animals in both groups were observed inside their byres for a two weeks control period using direct human observation and scan sampling method. Observations were done for two hours directly before their milking for four days / week to determine the behavioral indicators of stress, if present, during out of milking hours. Moreover, blood samples, 10 ml of each, were taken weekly from randomly selected five cows of each group, two hours before their milking time to determine their average serum cortisol level during out of milking time. Samples were centrifuged at 3000 r.p.m for 10 minutes and the obtained sera were stored at -20°C until further analysis to determine its cortisol level using TDxFLx system with fluorescence polarization and competitive binding technique according to Dandliker & Feigen (1970) and Dandliker & Saussure (1973).

Moreover, three parameters were selected to be investigated and measured during the experimental period (during milking inside the parlour):-

- Behavioral indicators of stress
- Health status
- Milk cortisol

### **A- Behavioral indicators of stress: -**

In accordance with Martin and Bateson (1988) as well as Wenzel *et al.* (2003), behavior of the milked cows was recorded continuously for all of the time that the cows were in the milking stall using direct human observation with focal animal sampling. Observations were separated for

udder preparation (including udder cleaning and teat cup attachment), main milk flow and final milk flow (the last 2 min of cluster onset). The frequency for both behaviors was calculated. The observed behavioral indicators of stress included the following:-

**1- Step behavior:-**

Step behavior is one of the main behavioral indicators of stress that always happened during milking (Wenzel *et al.*, 2003). Step behavior, also called shuffling, was defined as a cow shifting its weight from one hind foot to the other while standing in the milking stall.

**2- Kick behavior:-**

Kick behavior is another one of the main behavioral indicators of stress. Kick behavior was defined as a cow lifting its hind foot and moving it forward (Hemsworth *et al.*, 1989, Metz-Stefanowska *et al.*, 1992 and Prescott *et al.*, 1998).

**3- Bellowing:-**

Bellowing was defined as a loud vocalization emitted by stressed cattle (Marten and Bateson, 1988). Repeated vocalization by the same cow was considered as one act.

**4- Scraping:-**

Scraping was defined as scraping the floor with the claws of the forelimbs of stressed cattle (Marten and Bateson, 1988).

**5- Pawing:-**

Pawing was defined by the same authors as rubbing the floor vigorously with the claws of the hind limbs of stressed cattle.

**6- Lip licking:-**

It is another indicator of stress. Marten and Bateson (1988) also defined lip licking as repeated and rapid licking of the upper lip (muzzle).

**B- Health status:-**

Experimented cows were clinically examined according to Blood & Henderson (1974) and Blood & Radostits (1990) to determine their average pulse and respiratory rates. Examination was done according to Wenzel *et al.* (2003) 10 minutes before entering the milking stall, during milking in the milking stall and 10 minutes after leaving the milking stall.

Moreover, the udder of all cows of both herds, either milked automatically or handy, were investigated continuously to determine the incidence of teat inflammations. Inflamed teat was recognized by redness, hotness and swelling which accompanied with pain (Blood and Radostitis, 1990).

**C- Milk cortisol concentration:-**

A 10 ml milk sample of a randomly selected 5 cows of each group was taken weekly from each cow. Due to the circadian rhythm of cortisol, samples must be taken either during the morning or the afternoon milking (Wenzel *et al.*, 2003). In this study, milk samples were taken during afternoon milking. After collection, milk samples were kept cool and worked up on the same day. Samples were centrifuged at 3000 r.p.m for 10 minutes and the skim milk was stored at -26°C until further analysis to determine its cortisol level using TDxFLx system with fluorescence polarization and competitive binding technique according to Dandliker & Feigen (1970) and Dandliker & Saussure (1973).

**IV- Statistical analyses:-**

Statistical analyses of the collected data were carried out according to procedures of completely random design, SAS (1995).

**RESULTS**

The results of this study were illustrated in Tables 1,2,3,4 as well as Figures 1, 2, 3, 4 and 5.

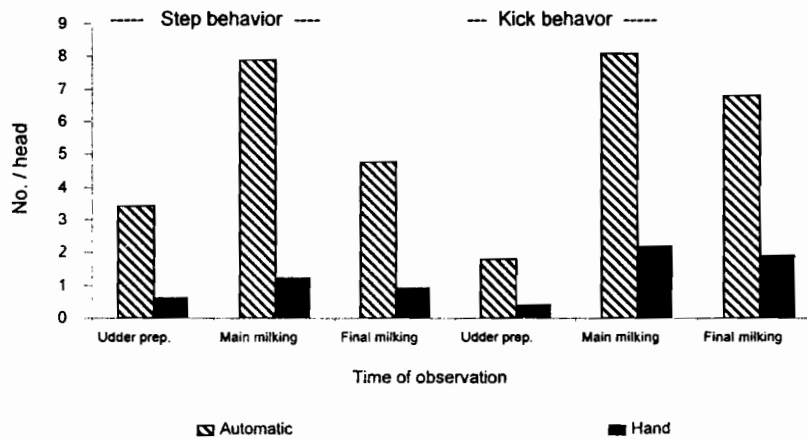
**Table 1:** Behavioral indications of stress inside byres for cows that milked automatically or handy.

Type of milking	Automatic	Hand	"P" Value
Behavior			
Step behavior (No. / head)	0	0	NS
Kick behavior (No. / head)	0	0	NS
Bellowing (% of animals)	5	5	NS
Scraping (% of animals)	0	0	NS
Pawing (% of animals)	0	0	NS
Lip licking (% of animals)	0	0	NS

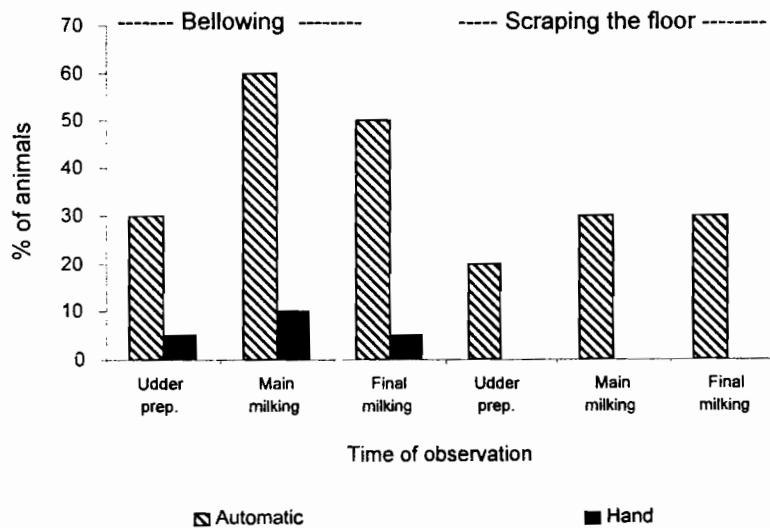
NS = Non-significant

**Table 2:** Behavioral indications of stress in cows during automatic and hand milking

Type of milking		Automatic	Hand	"P" Value
Behavior				
Step behavior (No. / head)	Udder preparation	3.4±0.3	0.6±0.02	<0.01
	Main milking	7.9±0.6	1.2±0.1	<0.01
	Final milking	4.8±0.4	0.9±0.03	<0.01
Kick behavior (No. / head)	Udder preparation	1.8±0.2	0.4±0.02	<0.01
	Main milking	8.1±0.4	2.2±0.1	<0.01
	Final milking	6.8±0.3	1.9±0.3	<0.01
Bellowing (% of animals)	Udder preparation	30	5	<0.01
	Main milking	60	10	<0.01
	Final milking	50	5	<0.01
Scraping (% of animals)	Udder preparation	20	0	<0.01
	Main milking	30	0	<0.01
	Final milking	30	0	<0.01
Pawing (% of animals)	Udder preparation	20	0	<0.01
	Main milking	40	0	<0.01
	Final milking	20	0	<0.01
Lip licking (% of animals)	Udder preparation	10	0	<0.01
	Main milking	40	10	<0.01
	Final milking	30	10	<0.01

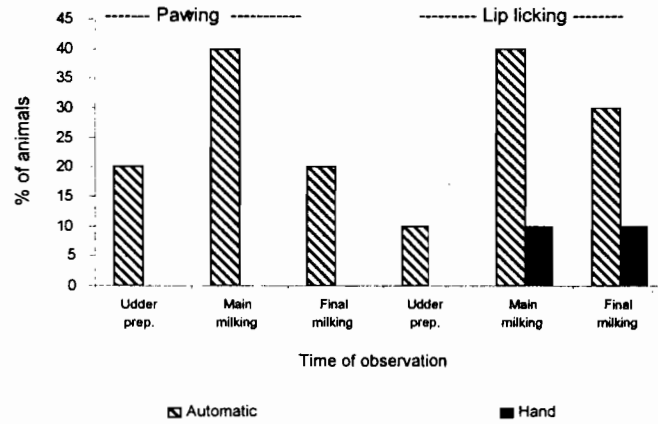


**Fig. 1:** Step and kick behavior of cows during automatic and hand milking



**Fig. 2:** Bellowing and scraping the floor with fore limbs during automatic and hand milking of cows.





**Fig. 3:** Pawing the floor with hind limbs and lip licking during automatic and hand milking of cows.

**Table 3:** Health status measurements of cows during automatic and hand milking

Behavior	Type of milking	Automatic	Hand	“P” Value
Pulse rate (No./min)	Before	72±2	70±1	NS
	During	86±1	72±1	<0.01
	After	74±1	72±2	NS
Respiratory rate (No./min)	Before	27±1	26±1	NS
	During	38±1	27±1	<0.01
	After	29±1	26±1	NS
Teat inflammation (%)		38	12	<0.01

NS = Non-significant

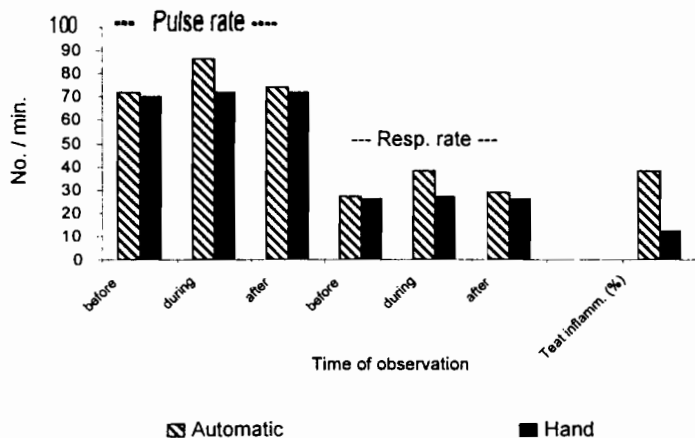


Fig. 4: Health status measurements of cows during automatic and hand milking.

Table 4: Average serum cortisol level inside byres and milk cortisol level ( $\mu\text{g}/100\text{ ml}$ ) during automatic and hand milking of cows

Type of milking	Automatic	Hand	"P" Value
Serum cortisol	$0.68 \pm 0.01$	$0.61 \pm 0.01$	NS
Milk cortisol	$1.67 \pm 0.01$	$0.63 \pm 0.01$	<0.01

NS = Non-significant

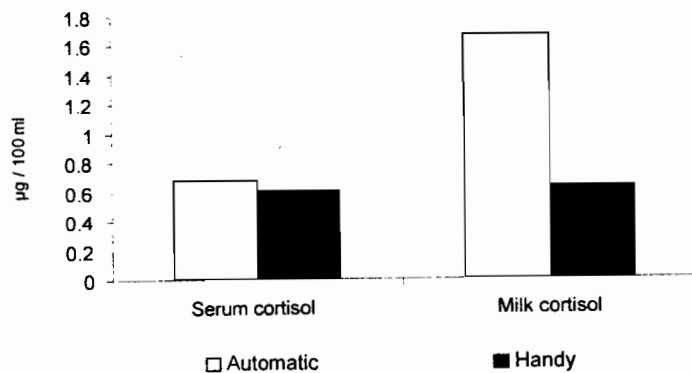


Fig. 5: Serum cortisol level inside byres and milk cortisol level during milking of cows.

## **DISCUSSION**

### **I-Behavioral observations:-**

The data represented in Table (1) showed the effect of method of milking, either automatic or hand, on the incidence of the studied behavioral indicators of stress of the milked cows inside their byres during out of milking time. These data indicated that, the method of milking had no significant effect on these behaviors. The incidence of step behavior, kick behavior, scraping, pawing and lip licking among the experimented cows was 0 for all, either during automatic or hand milking. However, the incidence of bellowing among the experimented cows was 5%, for both automatic and hand milking.

In the same time, Table (2) and Figures (1, 2 & 3) showed the effect of method of milking, either automatic or hand, on the studied behavioral indicators of stress of the milked cows during their milking inside parlours. These data indicated that, the method of milking had a significant effect on the incidence of these behaviors inside parlours during milking ( $P < 0.01$ ).

With regard to step behavior, the obtained data showed that, the incidence of this behavior during udder preparation, main milking and final milking was 3.4, 7.9, 4.8 No. / head following automatic milking. At the same time, the incidence of this behavior was 0.6, 1.2 and 0.9 No. / head following hand milking, respectively.

In relation to kick behavior, the obtained data also showed that, the incidence of this behavior during udder preparation, main milking and final milking was 1.8, 8.1, 6.8 No. / head following automatic milking, however, it was 0.4, 2.2 and 1.9 No. / head following hand milking, respectively.

Moreover, the obtained data illustrated that, the incidence of bellowing behavior among the experimented cows during udder preparation, main milking and final milking was 30, 60, 50% following automatic milking, however, it was 5, 10 and 5% following hand milking, respectively.

With regard to scraping behavior, the obtained data also illustrated that, the incidence of this behavior during udder preparation, main milking and final milking was 20, 30, 30% following automatic milking, however, it was 0 % during any stage of hand milking.

In relation to pawing behavior, the obtained data demonstrated that, the incidence of this behavior during udder preparation, main milking and final milking was 20, 40, 20% following automatic milking, however, it was 0 % during any stage of hand milking.

The obtained data also indicated that, the incidence of lip licking behavior among the experimented cows during udder preparation, main milking and final milking was 10, 40, 30% following automatic milking, however, it was 0, 10 and 10% following hand milking, respectively.

In general, the previously mentioned data indicated that, on contrast to hand milking which followed by low incidences of step behavior, kick behaviors, bellowing, lip licking and no incidence of scraping and pawing behaviors, automatic milking of dairy cows was accompanied with a significant increase in the incidences of these behaviors during any of the milking steps.

Changes in the behavior of dairy cows were also found in other studies with automatic milking systems (Kremer and Ordolff, 1992; Uetake *et al.*, 1997; Ketelaar-de Lauwere *et al.*, 1998 and Wenzel *et al.*, 2003). There is a connection between these behaviors and the cow's character. Metz-Stefanowska *et al.* (1992) and Prescott *et al.* (1998) indicated that, nervous and anxious animals demonstrate these behaviors more often. Expressing these behaviors during any step of the automatic milking indicated that, cows milked with automatic milking system were more nervous and so, more stressed than those milked handy. Another probable cause of these increased behaviors during automatic milking of cows could be the long period of waiting with several agonistic interactions in front of the milking stall, a factor that may be reflected with a negative experience for those cows and lead to more anxiety before next visits with subsequent changes in their character and behavior (Ketelaar-de Lauwere *et al.*, 1996).

## **II- Health status: -**

The comparative evaluation of the average pulse rate, respiratory rate as well as the percentage of teat inflammation of the experimented dairy cows that milked either automatically or hand revealed some obvious statistically significant differences as shown in Table 3 ( $p < 0.01$ ).

With regard to pulse rate, the obtained data which assimilated on Figure (4) showed that, average pulse rate before, during and after milking of the experimented animals was 72, 86, 74 and 70, 72, 72 No. / minute following automatic and hand milking, respectively. At the same time, the average respiratory rate of the same animals was 27, 38, 29 and 26, 27, 26 No. / minute following automatic and hand milking, respectively. These data indicated that, both of pulse and respiratory rates were significantly increased during automatic milking than did hand one, while they returned to its normal levels directly after milking. The aforementioned data illustrated that, cows were more excited during

automatic milking than hand one which indicated by the significant increase in their pulse and respiratory rates. It has been previously shown that a cow's pulse and respiratory rates increased in response to the machine milking (Royle *et al.*, 1992). This increase in pulse and respiratory rates may be due to the expectation of pain from the cups of the milking machines (Lay *et al.*, 1992 and Robert *et al.*, 1997). Another cause of this increase in pulse and respiratory rates may be the effect of the automatic milking on the character of the experimented cows as it rendered it more nervous during milking (Hopster *et al.*, 1998 and Wenzel *et al.*, 2003).

With regard to teat inflammation, Table (3) and also Figure (4) showed that, method of milking had a significant effect on the incidence of teat inflammation among the experimented animals ( $p < 0.01$ ). The obtained data indicated that, the incidence of teat inflammation among the experimented animals that milked automatically or hand was 38 and 12%, respectively. These data indicated that, the incidence of teat inflammation was significantly increased following automatic milking. The increased incidence of teat inflammation among dairy cows that milked automatically may be related to the effect of the vacuum of the milking machine as well as teat cups on the udder and teats of the milked animals (Blood & Radostits, 1990 and Wenzel *et al.*, 2003).

### **III- Serum and milk cortisol concentration:-**

The data illustrated in Table (4) and assimilated on Figure (5) showed the effect of method of milking on the cortisol level of the serum and milk of cows during out of milking hours inside their byres and during milking inside parlours, respectively.

In-byres serum cortisol level of cows that either milked automatically or hand was 0.68 and 0.61  $\mu\text{g} / 100 \text{ ml}$ , respectively. At the same time, in-parlour milk cortisol level of cows during their automatic and hand milking was 1.67 and 0.63  $\mu\text{g} / 100 \text{ ml}$ , respectively. This finding indicated that, the in-byre serum cortisol level was insignificantly affected with the method of milking, however, in-parlour milk cortisol level was significantly increased during automatic milking than hand one ( $P < 0.01$ ).

There is a positive correlation between plasma and milk cortisol. In general, milking induces an increase in peripheral cortisol (Fox *et al.*, 1981; Gorewit *et al.*, 1992 and Samuelsson *et al.*, 1996). Cows milked in the automatic milking system showed a higher level of cortisol than the hand milked ones, which could be interpreted as a more intense stress reaction. This significant increase in the milk cortisol level during

automatic milking of cows indicated an incidence of a powerful acute stress during milking which was followed by a more outpouring of ACTH which intern caused the adrenal cortex to increase its secretion of glucocorticoids including cortisol with subsequent increase of its level in the blood of stressed cows and finally excreted in their milk (McDonald, 1969; Burchfield *et al.*, 1980 and Kindahl *et al.*, 2002).

## CONCLUSION

In conclusion, although auto milking is a very important matter in increasing the milk yield, it seems to indeed affect the behavioral and physiological response as well as health status of cows during milking. Moreover, this study concluded that, human–animal interaction has known positive effects on cortisol level in the sense of stress reduction, where milking without a stockperson, and therefore without any handling procedures, could be more stressful. This finding recommended that, presence of stockpersons or workers who managed the dairy cows during their auto milking is of great importance to minimize stress and so, decrease the level of cortisol in the collected milk.

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