

## PREVALENCE OF AEROMONAS MICROORGANISMS IN FROZEN MINCED MEAT IN ALEXANDRIA GOVERNORATE MARKETS

F. A. El-Shaboury, Amal. F. A. Mansour and Ola, A. M. Basha

Animal Health Research Institute, Alexandria Branch

### ABSTRACT

*Fifty random samples of frozen minced beef meat were collected from different areas with different sanitation levels at Alexandria city markets and examined for the prevalence of Aeromonas microorganisms. Bacteriological examination revealed that Aeromonas species could be isolated from 11 samples (22%). Aeromonas hydrophila was the most predominant species isolates (9 isolates) followed by Aeromonas cavia (2 isolates). The ability of isolated Aeromonas organisms to produce enterotoxin and haemolysin was investigated. The importance of isolated Aeromonas hydrophila as well as the potential public health significance were recorded and the suggested hygienic measures to improve frozen minced meat had been discussed.*

### INTRODUCTION

Meat and meat products are liable to be contaminated with different kinds of microorganisms from different sources. Such contaminants may be of public health hazard to consumer or may render the products unmarketable, specially in young countries in which the hygienic measures are still underway, many efforts were done to produce a product free from pathogens of public health hazard and with low microbial content in order to improve its shelf life.

*Aeromonas* species has long been recognized as a pathogen of fish and frogs (Popoff and Veron, 1984, Soh et al., 1997 and Lehane and Rawlin, 2000). *Aeromonas hydrophila* occurs widely in nature: in water (Picard et al., 1983 and Kombanets et al., 1992), in milk (Nagah, 1991), in Fish (Shahat and Hamoda, 2000, Samaha et al., 2004 and Ola Basha, 2007), in meat (Ozbas et al., 1996 and Amany Shalaby, 2005) and in human, *Aeromonas* causes gastroenteritis with severe human diarrhoea (Millership et al., 1983 and Buchanan and Palumbo, 1985). In addition, *Aeromonas hydrophila* is widely distributed psychrotrophic bacterium that can produce virulence factors including a relatively heat stable cholera-like enterotoxin and heat labile cytotoxic enterotoxin and is recognized as potential cause of food associated outbreaks of gastroenteritis and as aetiological agent of acute diarrhoea in children (El-shenawy and Marth, 1990).

Moreover, *Aeromonas* can produce other human infection, including septicemia, meningitis, wound and eye infection, pneumonia and urinary tract infection (Ellison and Mostow, 1984). Thus it possesses a highly significant public health problem. The present study was conducted to determine the prevalence of *Aeromonas hydrophila* and other motile aeromonads in commonly consumed frozen minced meat and for detection of *Aeromonas* producing enterotoxin and haemolysin.

## MATERIAL AND METHODS

### Sampling:

A total of 50 marketed random samples of frozen minced beef meat were collected from different areas with different sanitation levels at Alexandria city. The Collected samples were transferred to laboratory as rapidly as possible and examined bacteriologically for the presence of *Aeromonas* organisms.

### **Bacteriological examination:**

Ten grams of each samples were homogenized with 90 ml of peptone water 1% for 2 minutes (using Homogenizer type MPW- 302 poland), then incubated for 24 hours at 30°C. A loopful from peptone water was streaked on Rimler-shotts media, nutrient agar and MacConkey's agar. After 24 hours of incubation at 30 °C, the Rimler-Shotts plates were examined for the presence of yellow orange colonies (the specific colonies of Aeromonas as stated by *Shotts and Rimler, 1973*). Colonies from nutrient agar were picked up and transferred to nutrient agar slant for further identification. Gram stain and morphology of colonial appearance were reported, identification by biochemical tests were done according to *Cruickshank et al. (1975)*, *Lennette et al. (1980)* and *Krieg and Holt (1984)*.

### **Production of toxin:**

The isolated Aeromonas were tested for production of enterotoxin and haemolysin after cultivation at 5°C for 7 days. The enterotoxin activity was examined by the suckling mouse technique, while haemolysin activity was done with rabbit R.B.Cs (*Majeed et al., 1989a*).

### **Sensitivity test:**

The antibiograms of the isolated *Aeromonas hydrophila* pathogens were done using the disc diffusion method as recorded by *Bauer et al. (1966)*. The interpretation of inhibition zones were estimated according to limits given by *Finegold and Martin (1982)* and *Bio-Merieux (1984)*. Different antibiotic discs were used such as Oxytetracyclin (30 µg), Ampicillin(40 µg), Streptomycin(10µg), Neomycin(30 µg), Erythromycin (15 µg), Penicillin(10 IU), Chloramphenicol (30 µg) and Sulphamethoxazole (10 µg).

## RESULTS

The bacteriological examination revealed that *Aeromonas* bacterium could be isolated from 11 out of 50 minced frozen beef meat samples (22%). *Aeromonas* microorganisms were identified as *Aeromonas hydrophila*, 9 isolates (18%) and *Aeromonas caviae* 2 isolates (4%) from the examined minced frozen beef samples (Table, 1). *Aeromonas hydrophila* organisms were Gram negative, motile rod that gave round colonies (2-3 mm in diameter) and yellow-orange in colour on Rimler-Schotts medium.

The morphological and biochemical characteristics of *Aeromonas* isolates are illustrated in table (2).

Regarding to virulence activity of *Aeromonas hydrophila* isolates it was found that all the examined isolates were produce enterotoxin and produce B-haemolysin on 5% rabbit blood agar (Table, 4).

The results of drug sensitivity were summarized in table (3). Such table revealed that *Aeromonas hydrophila* were sensitive to Oxytetracycline and Sulphamethoxazole.

**Table (1):** Incidence of isolated *Aeromonas* organisms from examined minced frozen beef meat samples (n=50).

<i>Aeromonas</i> isolates	No. of isolates	%
<i>Aeromonas hydrophila</i>	9	18
<i>Aeromonas caviae</i>	2	4
<b>Total</b>	<b>11</b>	<b>22</b>

**Table (2):** Morphological and biochemical characteristics of Aeromonas isolates.

Test	Results	
	A.hydrophila	A. cavia
Gram stain	-ve	-ve
Motility	+ve	+ve
Oxidase	+	+
Catalase	+	+
Indol production	+	+
H <sub>2</sub> S production	-	-
Nitrate reduction	+	+
Urease production	-	-
Gellatin hydrolysis	+	+
Vogus-proskauer	-	-
Ornithin decarboxylase	-	-
2,3-butandiol dehydrogense	+	-
Fermentation of:		
Glucose	+	-
Mannitol	+	+
Sucrose	+	+

**Table (3):** Drug sensitivity test of Aeromonas hydrophila isolates.

Drug	Reaction
Oxytetracyclin (30 µg)	+++
Ampicillin (40 µg)	+
Stryptomycin (10 µg)	++
Neomycin (30 µg)	+
Erythromycin (15 µg)	++
Penicillin (10 IU)	+
Chloramphenicol (30 µg)	++
Sulphamethoxazole (10 µg)	+++

**Table (4):** Production of enterotoxin and haemolysin.

Aeromonas species	Total number of isolates	Enterotoxin positive		Haemolysin positive	
		No	%	No	%
A.hydrophila	9	9	100	9	100
A.cavia	2	0	0	0	0

## DISCUSSION

Examination of frozen minced beef samples revealed that aeromonas were found in 22% of examined samples. These results were in agreement with those reported by Mackey (1989), Andrew Hudson and Delac, 1991, Krovacek et al. (1992), Walker and Brooks (1993) and Amany Shalaby (2005). The isolation of motile *Aeromonas* from minced frozen beef meat may be a result of contaminating carcasses in the environment. In addition faecal material may play an indirect role in transmitting *Aeromonas* organisms from animal source through such factors as handling or the use of contaminated equipment, even from water used in washing the carcasses in the abattoir as recorded by Majeed et al. (1989b). Table (1) revealed that *Aeromonas hydrophila* was the most predominant species in the isolated samples 9 (18%) followed by *Aeromonas caviae* 2 isolates (4%).

These results were in agreement with those reported by Andrew Hudson and Delacy (1991), Rajesh and Ashwani (1997), Melas et al. (1999) and Amany Shalaby (2005). Yamamoto et al. (1994) and Akan et al. (1996) reported that *Aeromonas caviae* was the least frequently occurring in food of animal origin.

The results of our study showed that *Aeromonas hydrophila* have the ability to produce enterotoxin and with haemolysin activity. Similar results were reported by Majeed et al. (1990) and Rajesh and Ashwani (1997). Moreover, Wakabayashi et al. (1981) reported that *Aeromonas hydrophila* produce extra cellular enzymes, cytotoxins and haemolysins. The results of drug sensitivity proved that, the isolated *Aeromonas hydrophila* were highly sensitive to Oxytetracyclin and Sulphamethoxazole. These results were in agreement with those reported by Neumann and Ploger (1975), Essa et al. (1991) and Ola Basha (2007).

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مدى تواجد ميكروبات الايرومونات فى اللحوم المفرومة المجمدة فى أسواق محافظة الإسكندرية  
د. فتح الله على الشابورى ، د. آمال فهمى على منصور، د. علا عبد العزيز محمد باشا

معهد بحوث صحة الحيوان - فرع الإسكندرية

أجريت هذه الدراسة على خمسون عينة لحوم بقرية مفرومة مجمدة تم تجميعها من أسواق محافظة الإسكندرية من مستويات معيشية مختلفة وذلك لعزل ميكروبات الايرومونات والتي تتسبب فى حدوث اضطرابات ونزلات معوية للإنسان نتيجة لإفرازها توكسينات فى الطعام. ولقد تم عزل عدد 11 معزولة من ميكروبات الايرومونات وتلاحظ وجود عدد 9 معزولات من الايرومونات هيدروفيل و عدد اثنين معزولة من الايرومونات كافي.

ولقد أجريت دراسة بعض عوامل الضراوة لعترات الايرومونات هيدروفيل المعزولة مثل إفراز أنزيم تحلل الدم وكذلك إفراز التوكسينات مع دراسة حساسية هذه المعزولات البكتيرية للمضادات الحيوية المختلفة وأفضل الطرق التشخيصية من العزل البكتريولوجى والفحوص البيوكيميائية لتعريف الميكروب المعزول. هذا وقد تمت دراسة الأهمية الصحية والاقتصادية والمقترحات الواجب اتباعها للمحافظة على اللحوم المفرومة من التلوث بهذه الميكروبات.