Assessment Of Lead And Cadmium Residues In Some Selected Commercially Processed Meat Products

Kamal El-Dsoky

Central Laboratory, Fac.of Vet. Medicine, Zagazig University-Egypt

ABSTRACT

A total of 40 meat product samples (20 from each of Sausage and luncheon meat), purchased from different shops and restaurants of different sanitation levels at Zagazig City, were analyzed for assessment of Lead and Cadmium residues. The results declared that the mean value of lead concentration (mg/kg wet weight) in the examined sausage samples was 0.463 ± 0016 mg/kg wet. Meanwhile the mean value of lead residue in the examined luncheon samples was 0.022 ± 0.001 mg/kg wet weight. On the other hand, the mean value of cadmium level in the examined sausage samples was 0.063 ± 0.003 mg/kg wet weight. Such mean value for the examined luncheon samples was 0.079 ± 0.003 mg/kg wet weight. In comparison with ESO, all the analyzed sausage and luncheon samples contained lead and cadmium concentration within the recommended levels. The public health significance of such metals residues was discussed.

INTRODUCTION

Meat and meat products are important for human diet in many parts of the world because in addition as a main source of animal protein, they provide the well- known trace element contents. Concern about the effects of anthropogenic pollution on the ecosystems is Heavy metals from man-made growing. pollution sources are continually released into ecosystems. aquatic and terrestrial Contamination with heavy metals is a serious threat because of their toxicity, bioaccumulation and biomagnifications in the food chain (1). In recent years, much attention has been focused on the concentrations of heavy metals in fish and other foods in order to check for those hazardous to human health. (2-5).

The industrial and edible species have been widely investigated. For example, samples of beef, veal, pork, chicken and horse-meat were analysed for Ca, Cu, Fe, Mg, Mn, Ni, Zn, Cd and Pb (6). According to (7), there are differences in minerals in meat products. Furthermore, Mn, Cu, Zn, Fe, Cd, Hg and Pb concentrations were determined in liver, kidney and muscle meat of ducks, geese, chickens, hens, rabbits and sheep slaughtered in the northern part of Poland (8). Mineral and heavy metal contents of retail meat and meat products were also determined (9). Sausage and luncheon is usually manufactured and sold outside the supermarkets and small restaurants that make it liable for lead and cadmium pollution by exhausts of leaded gasoline especially at areas of high traffic density like squares and near stations where such product is frequently sold. The aim of this study was to evaluate the degree of lead and cadmium pollution in Sausage and luncheon marketed at Zagazig City, Egypt to ensure their safety for human consumption.

MATERIALS AND METHODS

A total of 40 meat product samples (20 from each of Sausage and luncheon meat) were purchased from different shops and restaurants of different sanitation levels at Zagazig City. The collected samples were separately kept in nearly sterile polyethylene bags, well identified and quickly transferred to the central Laboratory, Faculty of Veterinary Medicine, and Zagazig University where they were analyzed.

Digestion was carried out (10). One gram of Sausage or luncheon meat samples was digested separately in 6 ml of a 42 mixture of ultrapure concentrated HNO₃: HclO₄ in 20-ml screwcapped tubes. The tubes were tightly closed allowed to stand overnight at room temperature, then the tubes were heated for about 3 hours in water-bath at about 80C. The resulting solutions were diluted with deionized water till 20 ml then filtered through Whatmann filter No. 41. Blank and standard solutions were prepared and used for quality control.

Duplicate measurements on all samples using Flame Atomic Absorption Spectrophotometer (Buck Scientific Model 210 VGP) at Central Laboratory. Faculty of Veterinary Medicine, Zagazig University. The following parameters recommended by the instrumental instructions were operated for Lead and Cadmiumdetermination.

Lamp	Slit	Lamp	Fuel	Burner	Detection
wave	Width	current	Flow	Hight	Limit(ppm)
Length	(nm)	(ma)	Rate	(cm)	
(nm)			(1/min)		
2170	07	12	30	8	001

RESULTS AND DISCUSSION

Cadmium (Cd) and lead (Pb) are environmental pollutants toxic to humans and animals (11). Cd and Pb are nonbiodegradable, and its accumulation in the environment raises agricultural and public health concerns (12,13). Metal emission from smelters, industries, and automobiles can cause soil and water contamination, and contaminated soil is a major source for metal accumulation in plants. The excess transfer of metals to the food chain is thought to be controlled by a "soil-plant barrier" (14). However, this barrier fails when metal concentrations reach critical limits, especially for toxic metals such as Cd and Pb (13, 15, 16). The food chain is an important source of Cd and Pb accumulation, especially for plants grown on polluted soils (17-19). Significant amounts of Cd and Pb can be transferred from contaminated soil to plants and grass (16, 20, 21, 22), causing accumulation of these potentially toxic metals in grazing ruminants (23 -25), particularly in cattle (26-28). Accumulation of Cd and Pb in ruminants causes not only toxic effects in cattle (29-31). but also in humans consuming meat contaminated with toxic metals (12, 13, 31).

Table 1. Lead concentration (mg/kg wet weight) in the examined meat product samples (No. =20 of each)

Meat product	Minimum	Maximum	Mean	±SE
Sausage	0.453	0.472	0.463	0.016
luncheon	0.019	0.024	0.022	0.001

 Table 2. Cadmium concentration (mg/kg wet weight) in the examined meat product samples (No. =20 of each)

Meat product	Minimum	Maximum	Mean	<u>+</u> SE
Sausage	0.047	0.077	0.063	0.003
luncheo n	0.041	0.087	0.079	0.003

From the results achieved in Table 1 it is evident that the lead concentration (mg/kg wet weight) in the examined sausage samples ranged from 0.453 to 0.472 with a mean value of 0.463 \pm 0016 mg/kg wet. Meanwhile the mean value of lead residue in the examined luncheon samples was 0.022 \pm 0.001mg/kg wet weight and ranged from 0.019 to 0.0240 mg/kg wet weight (Table 1). Nearly similar results were reported in beef meat by (32), in USA, (33) in New Zealand, (34) in Greece, (35). On the other hand several authors had recorded lower mean concentration of Pb in bovine meat in different countries (36-39), while higher mean of Pb concentration had been reported by (40). Such variation of Pb concentration might be referred to differences of age of animals (41) as well as the differences of degree of environmental contamination at which slaughtered cattle were fed and grown up. (42) concluded that Pb residues in animal tissues is directly related to both soil and pasture content of Pb, traffic density, as well as area of mining, smelting and sewage drainage.

On the other hand, the results presented in Table 2 revealed that the cadmium level in the examined sausage samples ranged from 0.047 to 0.077 mg/kg wet weight with a mean value of 0.063+0.003 mg/kg wet weight. Such mean value for the examined luncheon samples was 0.079+0.003 mg/kg wet weight and ranged from 0.041 to 0.87 mg/kg wet weight. Nearly similar values of cadmium in the examined samples were recorded by in liver and kidney of slaughter cattle at the vicinily of regional and local sources Pb and Cd of emistion (43), while lower levels were reported in Italy (44, 45).On the other hand, higher levels were found by (46, 47). The maximum permissible limit of recommended in Egypt (48) is 0.5ppm for meat and meat products, meanwhile $(\hat{49})$ has set a concentration of 0.05ppm as a maximum permissible limit for cadmium in meat and meat products. In comparison, all the analyzed sausage and luncheon samples contained lead cadmium concentration and within the recommended levels

REFERENCES

- 1.Eisler R (1988): Zink Hazards to fish, Wildlife and Invertebrates: a synoptic review. US Fish Wildlife Service Biology of Reproduction, 85.
- 2.Damin I C F, Silva M M, Vale M G R and Welz B (2007): Feasibility of using direct determination of cadmium and lead in fresh meat by electrothermal atomic absorption spectrometry for screening purposes.
- 3.Farkas A, Sala'nki J, and Speczia'r A (2003): Age and size-specific patterns of heavy metals in the organs of freshwater fish Abramis brama L. populating a lowcontaminated site. Water Research, 37, 959– 964.
- 4.Mansour S. A and Sidky M M (2002): Ecotoxocological Studies. 3.Heavy metals contaminating water and fish from Fayoum Governor-ate, Egypt. Food Chemistry, 78, 15–22.

- 5.Moiseenko T I and Kudryavtseva L P (2001): Trace metal accumulation and fish pathologies in areas affected by mining and metallurgical enterprises in the Kola Region. Russian Environmental Pollution, 114, 285– 297.
- 6.Hecht H and Kumpulainen J (1995): Essential and toxic elements in meat and eggs. Mitteilungsblattder Bundesantalt fur Fleisch-forschung, Kulmbach, 34 (127), 46– 52.
- 7.Alcaide-Castineira E, Gomez R, Carmona-Gonzalez M A and Fernandez-Salgvero J (1995): Study of minerals in meat products. Alimentaria, 262, 63–67.
- 8.Falandysz J (1991): Manganese, copper, zinc, iron, cadmium, mercury and lead in muscle meat, liver and kidneys of poultry, rabbit and sheep slaughtered in the northern part of Poland, 1987. Food Additives and Contaminants, 8(1), 71–83.
- 9.Tamate R (1987): Distribution, content and variation of minerals in meat and meat products. Japanese Journal of Dairy and Food Science, 36, A1.
- 10.Boulis W R (1993): Some trace elements in tissues of animals slaughtered in Assiut Province. M.V.Sc. Thesis, (Meat Hygiene). Fac. Vet. Med., Zagazig University, Egypt.
- 11.Liu J, Goyer R A and Waalkes M P (2007): Metal toxicology. In: Klaassen, C.D. (Ed.), Casarett and Doull's Toxicology – The Basic Science of Poisons, seventh ed.McGraw Hill, New York, pp. 931–979.
- 12.Olsson I M, Eriksson J, Oborn I, Skerfving S and Oskarsson A, (2005): Cadmium in food production systems: a health risk for sensitive population groups. Ambio 34, 344–351.
- 13.De Vries W, Romkens P F and Schutze G (2007): Critical soil concentrations of cadmium, lead, and mercury in view of health effects on humans and animals.Rev. Environ. Contam. Toxicol. 191, 91–130.
- **14.Cataldo D A and Wildung R E (1978):** Soil and plant factors influencing the accumu

Kamal El-Dsoky

lation of heavy metals by plants. Environ. Health Perspect. 27, 149–159.

- 15.Dudka S and Miller W P (1999): Accumulation of potentially toxic elements in plants and their transfer to human food chain. J. Environ. Sci. Health B 34, 681–708
- 16.Pugh R E, Dick D G and Fredeen A L (2002) :Heavy metal (Pb, Zn, Cd, Fe, and Cu) contents of plant foliage near the Anvil range lead/zinc mine, Faro, Yukon Territory. Ecotoxicol. Environ. Saf. 52, 273-279.
- 17. Miranda M, Lo 'pez-Alonso M, Castillo C, Herna 'ndez J and Benedito J L (2005): Effects of moderate pollution on toxic and trace metal levels in calves from a polluted area of northern Spain. Environ. Int. 31, 543–548.
- 18. Vromman V, Saegerman C, Pussemier L, Huyghebaert A, De Temmerman Pizzolon J C and Waegeneers N (2007): Cadmium in the food chain near non-ferrous metal production sites. Food Addit. Contam. 18, 1-9.
- 19.Swarup D, Naresh R, Varshney VP, Balagangatharathilagar M, Kumar P, Nandi D and Patra R C (2007):Changes in plasma hormones profile and liver function in cows naturally exposed to lead and cadmium around different
- 20.Liu H, Probst A and Liao B (2005). Metal contamination of soils and crops affected by the Chenzhou lead/zincmine spill (Hunan, China). Sci. Total Environ. 339, 153–166.
- 21.Li J, Xie Z M, Xu J M and Sun Y F (2006) : Risk assessment for safety of soils and vegetables around a lead/zinc mine. Environ. Geochem. Health 28, 37–44.
- 22.Zhu Y, Yu H, Wang J, Fang W, Yuan J and Yang Z (2007): Heavy metal accumulations of 24 asparagus bean cultivars grown in soil contaminated with Cd alone and with multiple metals (Cd, Pb, and Zn). J. Agric. Food Chem. 55, 1045– 1052

- 23.Farmer A A and Farmer A M (2000): Concentrations of cadmium, lead and zinc in livestock feed and organs around a metal production centre in eastern Kazakhstan. Sci. Total Environ. 57, 53–60.
- 24. Wilkinson J M, Hill J and Phillips C J (2003): The accumulation of potentiallytoxic metals by grazing ruminants. Proc. Nutr. Soc. 62, 267–277.
- 25. Wlostowski T, Bonda E and Krasowska A
 (2006): Free-ranging European bisons accumulate more cadmium in the liver and kidneys than domestic cattle in north-eastern Poland. Sci. Total Environ. 364, 295–300.
- 26.Lo'pez Alonso M, Prieto Montana F, Miranda M, Castillo C, Hernandez J and Benedito J L (2003): Cadmium and lead accumulation in cattle in NWSpain. Vet. Hum. Toxicol. 45, 128–130.
- 27.Sedki A, Lekouch N, Gamon S and Pineau A (2003): Toxic and essential trace metals in muscle, liver and kidney of bovines from a polluted area of Morocco. Sci.Total Environ. 317, 201–205.
- 28.Miller J R, Hudson-Edwards K A, Lechler P J, Preston D and Macklin M G (2004): Heavy metal contamination of water, soil and produce within riverine communities of the R1 'o Pilcomayo basin, Bolivia. Sci. Total Environ. 320, 189–209.
- 29.Dwivedi S K, Swarup D, Dey S and Patra R C (2001): Lead poisoning in cattle and buffalo near primary lead-zinc smelter in India. Vet. Hum. Toxicol. 43, 93-94
- 30.Blanco-Penedo I, Cruz J M, Lo 'pez-Alonso M, Miranda M, Castillo C, Hernandez J and Benedito J L (2006): Influence of copper status on the accumulation of toxic and essential metals in cattle. Environ. Int. 32, 901–906.
- 31.Gonzalez-Weller D, Karlsson L, Caballero A, Hernandez F, Gutierrez A, Gonza lez-Iglesias T, Marino M and Hardisson A (2006): Lead and admium in meat and meat products consumed by the population in

Tenerife Island, Spain. Food Addit. Contam. 23, 757–763.

- 32.Hafez A E (1995): Studies on the cadmium and lead residues in bovine caresses in relation to animal age. Zag. Vet. J. 23: 43.
- 33.Hecht H (1983): Toxic heavy metals in the meat and offal of various species of animals. Fleischwirtschaft 66:1246.
- 34.Holm J (1976): Investigation into the lead cadmium content of meat and organ samples from slaughter animals. Fleischwirtschaft 3:413.
- 35. Jorhem L Slorach S, Sundstrom, B and Ohlin B (1991): Lead, cadmium, arsenic and mercury in meat, liver and kidney of Swedish pigs and cattle in 1984-88. Food Additives and Contaminants, 8:201.
- 36.Morshdy A, Eldaly E,Saleh E and El-Atabany A. (1986): Sanitary status of readyto-eat shawerma. Zag. Vet. J. 14:1.
- 37.Leira L, Enne G, De Nobili M, Baldini M and Sequi P (1991): Heavy meats bioaccumulation in lamb and sheep breed in smelting and mining areas of South West Sardinia (Italy). Bull. Environ. Contam. Toxicol. 46:887.
- 38.Manahan S E (1992): Toxicological Chemistry. 2nd ed. Lewis Publishers Inc. Raton, Ann. Arbor, London.
- 39.Khan A T, Diffay B C, Datiri B C, Forester D M, Thompson S J and Mielke H W (1995): Heavy metals in livers and kidneys of goats in Albama. Bull. Environ. Contam. Toxicol. 55:568.
- 40.Protasowicki M (1992): Heavy metals content in the selected food. 3rd World Congress of Food borne Infections and Intoxication, 16-19 June, Berlin.
- **41.Shibamoto T and Bjeldanes L F (1993):** (eds): Introductionto Food Toxicology. Academic Press, Inc. Harcourt Brace and

Company. New York, food Science & Technology International Series.

Industrial areas. Res. Vet. Sci. 82, 16-21.

- 42. Tsoumbaris P and Papadopoulou T (1994): Heavy metals in common foodstuff: Quantitative analysis. Bull. Environ. Contam. Toxicol. 53: 61.
- 43.Kreuzer W, Bunzel K and Kracke W (1982): Lead and cadmium content of livr and kidney of slaughter cattle -3- cattle from the vicinity of regional and local sources of emission. Fleischwirtschaf, 62 (11): 1479-1483.
- 44.Gallo C, Guercio V and Corrao A (1985): Heavy metals (lead and cadmium) in meat and organs of slaughter animals in sicily, Attidella Societa Italiana della Science Veterinarie, 37:611.
- 45.Cibulka J, Miholova D, Pisa J, Sova Z, Moder P Janduroua S, Szkova J and Pythloun J (1989): Natural levels of food. Cadmium and mercury in tissues and hair of new born calves from different area of Zzehoslovakia. Science of the Total Environ. 84: 101-112.
- **46.Amodio-** Cocchieri R and Foire P (1987): Lead and cadmium concentration in livestock bred in 5ampania . Italy. Bull. Environ. Contam. And Toxical., 39 (3): 460.
- 47.Saleh E A and El-Nimer W A (1995): Lead and cadmium residues in cattle edible tissues and its public health importance ., Zagazig Vet. J. 23 (3): 97.
- 48.EOS (1992): Egyptian Organization for standardization and quality control, 2079 Cairo, Egypt.
- **49.FAO/ WHO (1992)** : Codex alimentrius Commission standard origrame, Codex Committee on food additive and contaminats, 24th session. Hague, 23-28 March.

الملخص العربي

تقييم بقايا الرصاص والكادميوم في بعض منتجات اللحوم المصنعة تجاريا

كمال الدسوقى

المعمل المركزي- كلية الطب البيطري- جامعة الزقازيق

تم تحليل عدد ٤٠ عينة (٢٠من كل من السجق و اللانشون جمعت من المطاعم والسوبر ماركت بمدينة الزقازيق باستخدام مقياس الامتصاص الذرى الطيفى AAS لتعين مستويات الرصاص والكادميوم بها . أوضحت النتائج ان متوسط تركيز الرصاص فى السجق كان ٤٦٣ . ± ٢٠١٠ ميكروجرام لكل كيلوجرام. أما باللانشون فتراوحت من ١٩٠٠ الى ٢٢٠ بمتوسط ٢٢٠ + ١٠٠٠ ومن ناحية آخرى فقد وجد أن متوسط تركيز الكادميوم فى كل من السجق واللأنشون هو ٢٣.٠٠ ± ٢٠٠٠ و ما ناحيه آخرى مقد ميكروجرام لكل كيلوجرام على التوالى.

ودلت النتائج التى تم الحصول عليها انها كانت أقل من الحد المسموح به وهو • جزء فى الملبون حسب المواصفات القياسية المصرية لهذا فأن استهلاك السجق واللانشون فى مدينة الزقازيق لا بشكل خطورة على صحة المستهلك.