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**EFFECTS OF DIETARY DEXAMETHASONE ON PRODUCTIVE AND REPRODUCTIVE PERFORMANCE OF PREMATURE JAPANESE QUAIL (*COTURNIX COTURNIX JAPONICA*)**

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**ABSTRACT:** The objective of this study was to examine the effects of dietary supplementation of various Dexamethasone (DEX) concentrations on productive and reproductive performance of premature male and female Japanese quails. Japanese quail of 3-weeks-old were received DEX at 0 (control group), 0.25 (low dose treated group) and 0.5 (high dose treated group) mg/kg diet, mixed in their mash, till the 42<sup>th</sup> day of age. As a result of this study, in high dose treated group, there were significant ( $P \leq 0.05$ ) increases in the sex organs weight (g) and laying rate (%) of females meanwhile there was a significant decrease in egg weight and fertility percentage ( $P \leq 0.001$ ). No significant differences were observed in total testes weight (g) of males but cloacal gland area (mm<sup>2</sup>) was smaller in both low and high dose male groups compared to control. The serum corticosterone (CORT) level was significantly ( $P \leq 0.001$ ) higher in low dose treated males whereas no significant changes were recorded in high and low doses treated females. Conversely, a significant ( $P \leq 0.008$ ) increase in serum estradiol level was measured in treated females but there were no significant changes in serum testosterone level in treated males. The medullary tissues of the adrenal glands were increased on the expense of cortical tissues in birds treated with higher dose of DEX. The seminiferous tubules of the low and high dose treated males did not show all the stages of spermatogenesis and most of the till spermatid stage was inspected with morphologically abnormal cell. The present results concluded that sex differences exist in response to DEX administration prior to reproduction, which may be due to the different prevalence of certain sex steroids influences in specific periods of life.

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**Keywords:** Dexamethasone, egg laying, histochemistry, Japanese quail, reproduction.

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## **1. INTRODUCTION**

Many environmental factors can lead to stress in animals in their natural habitats and consequently may cause elevations in stress hormones (Kang et al., 2020 and Tufarelli et al., 2021). The stress response is an adaptation process that is initiated when individuals experience a diversity of stressors, where stressors are stimuli that may form physical challenges or perceived as threats (DuRant et al., 2020). The main responses to stress are activation of the hypothalamic-pituitary-adrenal (HPA) axis and glucocorticoids secretion (GCs) hormones which can help animals coping with the changes in the environmental factors (Vitousek et al., 2019). However, long-term exposure to GCs can impair a variety of behaviors and physiological processes as well as suppress the immune functions. The activation of HPA axis by many stressors has been associated with down regulation of the hypothalamic-pituitary-gonad (HPG) axis which provides a reasonable mechanism for observation of stress-induced reproductive dysfunctions (Iwasa et al., 2017). Accordingly, prolonged GCs treatment prior to puberty can inhibit gonadal axis function and may in turn influence sexual maturation development (Shi et al., 2011).

Corticosterone (CORT) is the primary GCs in birds that secreted by the adrenocortical tissue and released into the blood circulation during stress to regulate carbohydrate and lipid metabolism (Jimeno et al., 2018). Treatment with exogenous CORT can mimic its elevated levels in plasma of birds that occur during acute or chronic stress, dependent on the duration of exposure. Treating birds with CORT in their food (Lin et al., 2004) or drinking water (Hull et al., 2007) over a period of days can be induce a

temporarily changes in plasma GCs concentrations that took place when animals exposed to chronic stress. Although treatment with CORT stimulates feed intake in some studies (Löhmus et al., 2006), no effect or even decrease of feed intake was observed in other studies (Wall and Cockrem 2010). Chronic activation of the stress system may also interfere with the nutrition-related hormones and often, but not always, lead to reduction of body weight gain of birds (Hull et al., 2007 and Busch et al., 2010). Furthermore, CORT elevation can even act at the levels of reproductive hormones and consequently regress gonadal growth rate and egg laying rate in females (Salvante and Williams 2003) as well as testes weight and spermatozoa production in males (Hanafy and Khalil, 2015). The harmful effect of CORT elevation was observed in free-living birds during critical periods of nestling provisioning (Bonier et al., 2009). Despite the conduct of varied research related to the impact of elevating blood GCs level on the reproduction success, it is still unclear the casual relationship between sex steroids and CORT on the development of reproductive system in birds.

Dexamethasone (DEX), a synthetic analogue glucocorticosteroid, is widely used in both human and animals medicine to treat several disease and mange medical condition. This compound has broad pharmacological activities, which reflects its significant role on physiological and biochemical pathways (Wyns et al., 2013). It is well known that DEX treatment mimics the adverse effects of elevated CORT level in the blood and precedes a decline in testosterone level of breeder males (Hanafy and Khalil, 2015). Most of this

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inhibitory effect on male reproductive function was related to suppress androgen synthesis and reduction in the number of Leydig cells (Hardy et al., 2005 and Semet et al., 2017). In contrast, administration of DEX to females improved ovarian responsiveness by diminished effect of adrenal androgens on follicular growth (Ashrafi et al., 2007). However, it is still unclear what causes the variable effects of stress hormone releasing on reproductive success of male and female birds. Studies using animal models have clearly investigated that males and female's response contrastingly to stress, which may be in part, due to the diverse in prevalence of sex steroid during particular periods of life (Wang et al., 2019b).

Due to the little available knowledge about the variable effects of stressors during critical periods of life on reproduction of birds, immature Japanese quail was used to determine if there are sex differences in response to stress. So, this study aimed to examine the effects of ingesting diets having various concentrations of DEX on productive and reproductive performance, as well as adrenal gland and gonadal structure and function of premature male and female quail.

### **2. MATERIALS AND METHODS**

#### **2.1. Animal husbandry and treatment**

The current work was conducted at the Poultry Farm, Department of Animal Production, Faculty of Agriculture, Suez Canal University, Ismailia, Egypt. Fertile Japanese quail eggs were incubated under standard conditions. Newly hatched chicks were housed in floor pen under normal brooding conditions from hatching to 15<sup>th</sup> day age. When the chicks had developed their sexually dimorphic plumage, 144 birds were sexed and

randomly distributed into 3 treatment groups (48 chicks each) of three replicates. Each replicate was included 16 birds with mating ratio of one male to one female quail.

After acclimatization for one week; on day 21 of age, birds were received DEX at dose 0 (control group), 0.25 and 0.5 mg/kg diet, mixed in their mash, till the 42<sup>th</sup> day of age. Birds were exposed to continuous light and fed on quail grower mash (2,800 kcal ME/kg diet; 24% CP) from hatch to 6-week of age. From day 43<sup>rd</sup> to day 63<sup>rd</sup>, the end of this experiment, quail breeder ration (2,900 kcal ME/kg diet; 20% CP) was provided and lighting time was decreased to 16L: 8D light/dark cycle. Diets and water were provided *ad libitum* throughout the experimental period.

#### **2.2. Sampling and histological procedures**

Live body weight (BW) and feed intake (FI) were estimated at 3 and 6 weeks of age. Body weight gain (BWG) and feed conversion ratio (FCR) were calculated during the same experimental periods for each group. Since we could not identify which female laid an egg in group, we recorded the day at which we found the first egg in a group as the age at first egg (day).

The cloacal gland area (mm<sup>2</sup>) of all males was measured by digital calliper on day 42. Also, 12 birds (6 males and 6 females) from each treatment group were weighed and slaughtered by slitting the jugular vein. Then after slaughtering, the abdominal cavity was incised to investigate the ovarian morphology, and count the number of follicles. We use the electronic analytical scale to weight the genital organs of male and female quails and also calculated as a percentage of live body weight. The blood samples were

collected from each experimental group at the 6<sup>th</sup> week of age in non-heparinized glass tubes. The samples were stored in refrigerator at 4 °C overnight then the serum was separated and stored at -20°C for further analysis. Serum testosterone, estradiol-17 $\beta$  and CORT levels were measured by ELISA kits manufactured by DiaMetra, Spello-Perugia, Italy for sex hormones and IBL, Hamburg, Germany for adrenal hormone. The sensitivity of the assay was 1.631 ng/ml, 8.7 pg/ml and 70 pg/ml and the recovery percentage was 100-105, 95-103 and 95-100% for testosterone, estradiol-17 $\beta$  and CORT, respectively. The intra- and inter-assay coefficients of variability were 4.08, 5.54 and 9% and 5.8, 10.5 and 10% for CORT, testosterone and estradiol-17 $\beta$ , respectively.

In the remaining quail, laying rate (%) and egg weight (g) were estimated for all groups up to 9 weeks' age. During this period, the laid eggs were collected daily for 4 consecutive days and stored at 18°C and 65% relative humidity until incubation. The eggs then were incubated for 8 days at 37.5°C and 60% relative humidity. Fertility was ensured and verified by eggs inspection then calculated as ratio of the fertile eggs to total eggs number.

To assess the effect of DEX on adrenal gland and gonadal structures, the testicular and adrenal tissues were fixed in 10% formalin then left for at least one week in refrigerator and after that preserved in 70% ethyl alcohol in refrigerator. The preserved samples were dehydrated by graded ethyl alcohol series (75%, 80%, 90%, 95%, 3 changes of absolute ethyl alcohol), then subjected to three changes of xylene, and after that embedded in paraffin wax. The paraffin blocks containing the specimens were

sectioned at 5 – 7  $\mu$ m thickness. The paraffin sections were exposed to Harris hematoxylin and eosin (H&E) and Masson's trichrome stains. The tissue sections were examined by light microscope and the photomicrographs were taken using Olympus BX41 microscope with an Olympus DP25 digital camera, Department of Cytology and Histology, Faculty of veterinary Medicine, Suez Canal University.

### **2.3. Statistical analysis**

The differences between the treatments were statistically analysed by SPSS Statistics 22.0 using General Linear Model. The significance of differences among means of treatments were measured using Duncan's new multiple-range test (Duncan, 1955).  $P \leq 0.05$  was set as limit of significance.

## **3. RESULTS**

### **3.1. Growth performance**

A slight improvement of the growth performance in the DEX treatment groups compared with control group was observed (Table, 1) but there was no significant difference in the WG ( $P \leq 0.894$ ), FI ( $P \leq 0.993$ ) and FCR ( $P \leq 0.707$ ) among the three groups.

### **3.2. Laying rate and fertility**

As shown in Table (2), the present results revealed that immature DEX exposure of female quail caused 2-4 days faster of produce eggs in treated groups, in per-group-sexual-maturity (i.e. Age at first egg). While the per-group age at first egg in controls was at 43 days of age, DEX treated females were earlier (41 and 39 days) to begin egg production as group 0.25 and 0.5 (mg DEX/kg diet), respectively. The laying rate showed likewise dose liberated effect and in the controls was 42.0 %, and this was not significantly higher than the rate of egg production in the low DEX treatment

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group, except for the 0.5 mg DEX/kg diet (Table 2). While DEX treatment significantly ( $P \leq 0.001$ ) altered average egg weight in compare to control, average egg number per day was significantly higher in 0.5 DEX group. In contrast, fertility percentages of eggs produce from treated female quails was significantly ( $P \leq 0.001$ ) lower than that eggs produce from control bird and the lowest percentage was recorded in 0.5 DEX treated birds.

### **3.3. Morphometric analysis**

Significant increases in the absolute ovary weight ( $P \leq 0.024$ ), oviduct weight ( $P \leq 0.011$ ) and average ovarian yellow follicle numbers ( $P \leq 0.030$ ) were recorded in high dose treated group (Table 3), but not with low dose treated group. In contrast, oviduct length (cm) and weight (g), relative oviduct weight (%), relative ovary weight (%) and average ovarian yellow follicle size (mm) were significantly increased in both low and high doses of treated females in compare to untreated bird. In male quails, no significant differences in weight (g) of right testis, left testis and total testes weight were observed in both low and high dose groups, while cloacal gland area ( $\text{mm}^2$ ) was significantly ( $P \leq 0.042$ ) decreased in male birds exposed to 0.5 mg DEX/kg diet (Table 4).

### **3.4. Hormonal assay**

As shown in Figure (1), the CORT level in low dose treated males was increased significantly ( $P \leq 0.001$ ) but not changed significantly in high dose (0.5 mg DEX/kg diet) treated males. Also, there was no significant change in testosterone level in the blood of both low and high treated males in compare to control. In female quail, no significant difference of CORT level was reported in both low and high treated females. The level of serum

estradiol- $17\beta$  was significantly ( $P \leq 0.008$ ) increased in both treated females' groups in compare to control group (Fig. 1).

## **3.5. Histological investigation**

### **3.5.1 Adrenal gland**

Generally, the adrenal gland of the quail was enclosed by thin connective tissue layer having blood vessels. The gland composed of two different endocrine areas; the cortex and medulla (Figs. 2A, 2D) which were intermingled together all over the gland. There are no observed differences in the adrenal cortico-medullary percentages between males and females. The medullary tissue formed complete network of different islets while the cortical tissue consisted of solid, irregular, cylindrical cell cords.

Medullary cells were polyhedral in shape and larger in size than cortical cells, with basophilic cytoplasm and spherical, centrally located nuclei (Fig. 2A). The cortical cells were columnar with a small; spherical to slightly oval eccentrically located nucleus showing numerous mitotic figures, and the cortical tissue occupied a major part of the gland.

In low dose treated birds, there was an obvious increase of medullary tissues than in control group (Figs. 2B, 2E). Additionally, the medullary tissues were increased on the expense of cortical tissues in birds treated with higher dose of dexamethasone (Figs. 2C, 2F).

### **3.5.2 Testis**

The seminiferous tubules of the control group showed all typical stages of spermatogenesis (spermatogonia, primary spermatocyte, secondary spermatocyte and spermatid), the cell layers were about 8-10 layers with a narrow lumen due to the high number of cell layers that occupies the interior of the tubule (Fig. 3A). Meanwhile the seminiferous tubules

of the low and high dose treated groups showed definite structural changes, the most marked effects are that all stages of spermatogenesis are not seen and only show the stages till primary spermatocyte or secondary spermatocyte or till spermatid with wide lumen filled with tissue debris and abnormal cells. (Figs. B, 23C).

#### **4. DISCUSSION**

This work was conducted during the growing period of male and female quails (3 to 6 weeks) since premature Japanese quail are more sensitive to stress hormones exposure than older birds. Thus, we investigated the effect of ingesting diets having various DEX concentrations on FCR and BWG, as well as adrenal gland and gonadal structure and function. Also, age at first egg, laying rate, egg weight and fertility percentages of eggs were calculated for exposed birds during pubertal period of life.

The present results showed no significant differences in BW, WG, FI and FCR in both low and high doses of male and female quails. In consistent with the present findings, Hanafy and Khalil (2015) found that DEX administration at 0.25 and 0.50 mg/kg diet did not decrease the BW and FI of mature male quail. The previous results might be due to less sensitivity of older birds to DEX administration (Breuner et al., 2008). Aengwanich (2007) stated that the BW of DEX treated broiler chicks decreased significantly than control group. Administration of DEX can increase the breakdown of protein and speed up energy consumption (Wang et al., 2017). Other researchers recorded that DEX administration could increase feed intake through inhibition of leptin-induced satiety and increasing the levels of

neuropeptide Y in hypothalamus (Liu et al., 2016). In addition, the difference between results might relate to the feeding state of birds and the severity of stress. Chronic stress is thought to occur with long-term only (i.e. few weeks/months) due to elevation of CORT hormone above normal levels, which suppresses the performance of individual and their immune system activity (Moore et al., 2005). Conversely, a relatively short-term (i.e. few hours/days) elevation of baseline CORT might have a stimulatory effect on animal fitness via reduce oxidative damage and enhance innate immune response (Vágási, et al., 2018).

The present results demonstrated that males and females' Japanese quails respond differently to DEX administration, which might be due to the different prevalence of certain sex steroid influences in specific periods of life. Whereas the high dose treated bird's revealed significant increases in productive and reproductive performance of female, no significant effects on development of testes weight was observed in treated male. These differences between the two sexes in the effects of stress on gonad development are due mainly to the influence on the gonadotrophic axis (Oyola and Handa, 2017). Nonetheless, administration of DEX reduced cloacal gland area of male quails, which has been reported previously by our previous study (Hanafy and Khalil, 2015), but no significant increase in testosterone level was measured in both high and low doses treated males. The cloacal gland development in males is generally considered to be regulated by adrenal androgens, which are, predominantly (but not totally), independent of the activation

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of testosterone. While most of serum testosterone is produced by the Leydig cells in the testes of mature male, the remainder small quantities are synthesized by the adrenal glands. Meanwhile, DEX administration has been shown to suppress not only cholesterol transportation and cAMP formation in the Leydig cells but also severely induce Leydig cell apoptosis (Hu et al., 2008 and Wang et al., 2019a). Alternatively, the oxidative stress hinders the function of Leydig cells causing malfunction testes especially steroid formation in rats (Metukuri et al., 2010), rabbits (Brecchia et al., 2010) and birds (Abolins-Abols et al., 2018). Other studies have also reported that DEX treatment can decrease the secretion of luteinizing hormone (LH), results in the suppression of androgen production (DeViche et al., 2010 and Dolatabadi and Zarchii, 2015). In fish, the cortisol inhibits the testicular androgen secretion independent of LH secretion (Milla et al., 2009). Long-term cortisol treatment of fish inhibits the spermatogenesis first waves which are associated with the beginning of puberty. In mammals, cortisol may directly affect the Leydig cells, as they have glucocorticoid receptors (Honda et al., 2008). Miller et al. (2019) stated that cortisol treatment decrease the plasma testosterone. The drop in testosterone level explain the impaired spermatogenesis in the treated groups, as the seminiferous tubules not show all stages of spermatogenesis and only show the stages till primary or secondary spermatocyte or till spermatid. It is well known that high levels of testosterone are usually accompanied by increased aggression during the male quail reproductive stage (Hanafy et al., 2018) and song sparrows (Moser-Purdy et al.,

2017). However, Mutzel et al. (2011) recorded that the levels of testosterone are not correlated to the exploratory behavior in the house sparrow. Also, the concentrations of androgen were not related to the nest defense behavior in western blue birds (Duckworth and Sockman, 2012).

Contrary to the expected harmful effects of chronic stress on reproductive function of female quail (Alagawany et al., 2017), recent studies showed also positive effects. For instance, DEX administration led to markedly increasing in estradiol-17 $\beta$  level and improves the development of reproductive organs of females. Similarly, previous studies have shown the effect of DEX on elaboration of ovarian response at the induction commencement of ovulation cycles (Keay, 2002; Rockwell and Koos 2009). Within baseline levels as shown in Figure (1), CORT did not affect the reproductive effort of female quail, and can hypothetically enhance reproductive function (Angelier and Wingfield, 2013). Several studies in free-living birds have found that adequate elevations in baseline glucocorticoids can enhance reproductive effort of broody birds and encourage parental care (Patterson et al., 2014; Vitousek et al., 2018). Feeding CORT to wild songbird females before and during egg production increased the number of eggs, and the amount of egg yolk (Bowers et al., 2016). The current results corroborate these findings, indicating that enhancing in GCs levels may improve fitness of female bird in an adaptive reproductive strategy to facilitate reproductive effort in the peak periods of energy demand (Love et al., 2004; Romero, 2002). Therefore, the development of female gonads reflects the role of estrogen increase on the ovary

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and oviduct progress, which might rather be dependent on the overall adrenal androgen level and the local aromatase activity than on ovary estrogen production.

The present work showed increased adrenal medullary tissues on the expense of cortical tissues in birds treated with higher dose of dexamethasone. It has been reported that the adrenal glands tolerate well the treatment of DEX, and the cortical parenchyma exhibits only slight atrophy, occurring especially in the zona glomerulosa and zona fasciculata with a reduction in size and vacuolation (Stojanoski et al., 2005). Moreover, the testicular seminiferous tubules of the low and high dose treated quails did not show all stages of spermatogenesis and only show the stages till primary spermatocyte or secondary spermatocyte or till spermatid with wide lumen filled with tissue debris with morphologically abnormal cells. Similar result was reported by Sadeghzadeh et al. (2019) who stated that DEX treatment has a strong effect on the testis as it cause atrophy of the seminiferous tubules germinative epithelium. The present findings are in line with Hanafy et al. (2018) where low stressed male quail showed higher testes weights and less testicular injury than males selected for overstated stress response. Additionally, Khorsandi et al. (2013) demonstrated that

the mice exposed to DEX showed an epithelial vacuolization, sloughing and atrophy of seminiferous tubules and that may be due to enhancement of apoptosis of the testicular germ cells (Hardy et al., 2005).

It can be concluded that DEX treatment prior to reproduction have a negative effect on testicular structure and function of male quail while it enhances serum estrogen and reproductive performance of premature females. However, further research is needed to establish the direction of relationship between releasing stress hormones during critical period of life and reproductive success of male and female domesticated birds.

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### **CONFLICT OF INTEREST**

The authors declare that there is no potential conflict of interest.

### **AUTHORS' CONTRIBUTIONS**

Ahmed M. Hanafy designed the experimental design, statistical analysis and conducted the trial and composed the manuscript. Hassan S. A. performed the histological examination and prepared the manuscript. Both authors read and approved the final manuscript.



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**Table (1):** Body weight, weight gain, feed intake and conversion ratio of males and females Japanese quail with respect to dietary dexamethasone.

| Item                                  | Treatments   |              |              | P-value |
|---------------------------------------|--------------|--------------|--------------|---------|
|                                       | control      | 0.25         | 0.50         |         |
| Initial body weight (g)               | 123.99±2.66  | 124.56±3.41  | 124.51±2.51  | 0.901   |
| Final body weight (g)                 | 222.42±12.18 | 221.12±12.67 | 224.52±10.58 | 0.814   |
| Weight gain (g/bird)                  | 98.53±5.64   | 97.06±7.64   | 100.42±11.05 | 0.894   |
| Feed intake (g/bird)                  | 580.15±18.16 | 577.26±19.79 | 575.59±41.25 | 0.993   |
| Feed conversion ratio (g feed/g gain) | 5.90±0.11    | 5.97±0.19    | 5.83±0.23    | 0.707   |

**Table (2):** Egg production parameters of Japanese quail as affected by dietary dexamethasone from 6 to 9 weeks of age (throughout 21 days from the first egg)

| Item                   | Treatments              |                         |                         | P-value |
|------------------------|-------------------------|-------------------------|-------------------------|---------|
|                        | control                 | 0.25                    | 0.50                    |         |
| Age at first egg (day) | 43                      | 41                      | 39                      | -       |
| Laying rate (%)        | 42.00±4.76 <sup>b</sup> | 44.00±5.41 <sup>b</sup> | 59.33±5.31 <sup>a</sup> | 0.050   |
| Average egg number/day | 7.56±0.86 <sup>b</sup>  | 7.92±1.07 <sup>b</sup>  | 10.68±0.91 <sup>a</sup> | 0.040   |
| Average egg weight (g) | 12.26±0.08 <sup>a</sup> | 12.16±0.05 <sup>a</sup> | 11.39±0.04 <sup>b</sup> | 0.001   |
| Fertility (%)          | 74.22±1.17 <sup>a</sup> | 69.48±0.79 <sup>b</sup> | 65.60±1.00 <sup>c</sup> | 0.001   |

a,b,c Means in any row with no common superscript differ ( $P \leq 0.05$ ).

**Table (3):** Genitalia of female Japanese quail at 6 weeks of age with respect to dietary dexamethasone

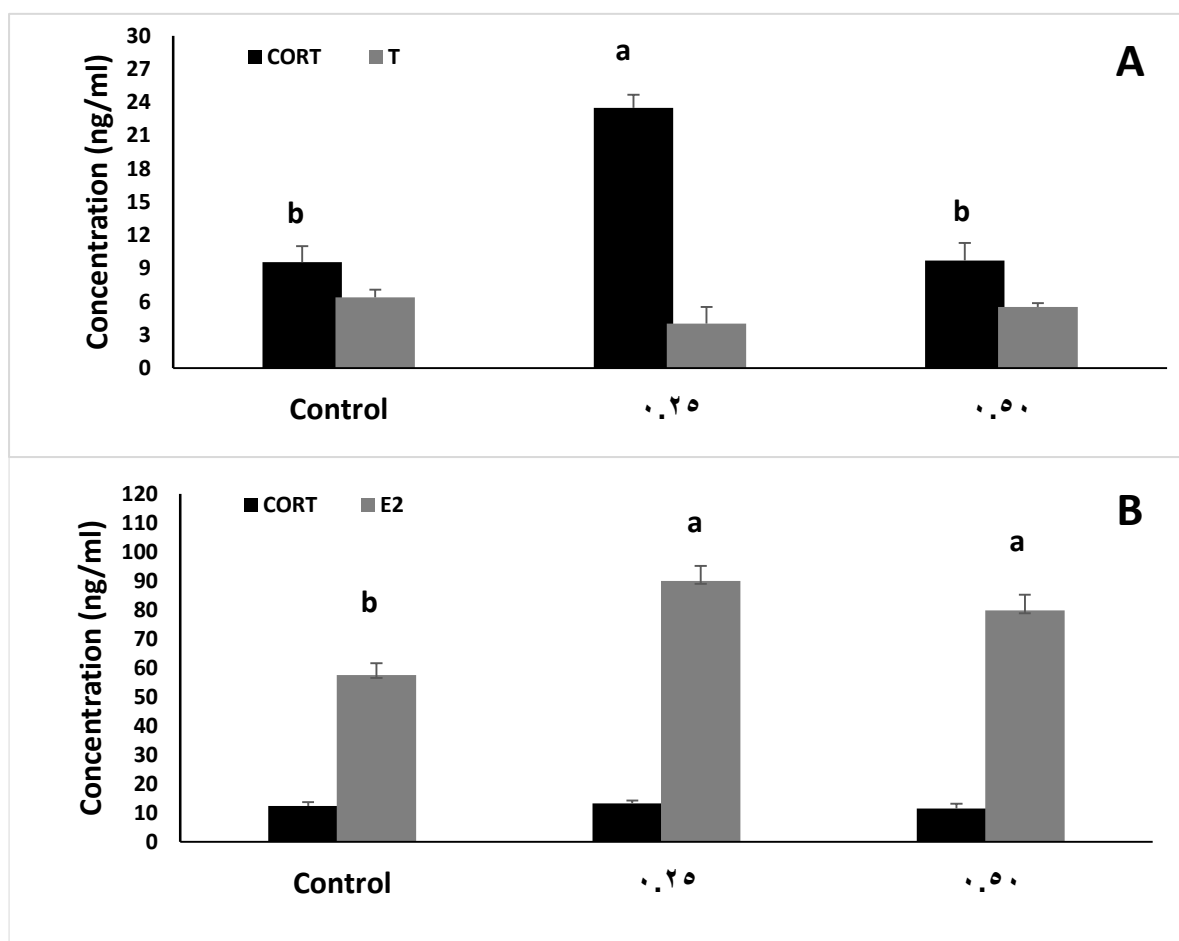
| Item                                     | Treatments              |                         |                          | P-value |
|--|-------------------------|-------------------------|--------------------------|---------|
|  | control                 | 0.25                    | 0.50                     |         |
| Body weight (g)                          | 255.60±12.41            | 237.80±17.12            | 247.21±11.45             | 0.672   |
| Ovary weight (g)                         | 3.16±0.52 <sup>b</sup>  | 4.74±0.46 <sup>ab</sup> | 5.50 ± 0.59 <sup>a</sup> | 0.024   |
| Ovary weight (%)                         | 1.22±0.17 <sup>b</sup>  | 2.03±0.26 <sup>a</sup>  | 2.23±0.24 <sup>a</sup>   | 0.018   |
| Oviduct weight (g)                       | 3.88±0.54 <sup>b</sup>  | 5.56±0.67 <sup>ab</sup> | 6.79±0.45 <sup>a</sup>   | 0.011   |
| Oviduct weight (%)                       | 1.49±0.15 <sup>b</sup>  | 2.33±0.20 <sup>a</sup>  | 2.78±0.25 <sup>a</sup>   | 0.003   |
| Oviduct length (cm)                      | 17.20±3.35 <sup>b</sup> | 27.10±2.44 <sup>a</sup> | 30.30±3.16 <sup>a</sup>  | 0.024   |
| Average ovarian yellow follicle number   | 2.60±0.25 <sup>b</sup>  | 3.20±0.20 <sup>ab</sup> | 3.60±0.25 <sup>a</sup>   | 0.030   |
| Average ovarian yellow follicle size(mm) | 5.20±1.55 <sup>b</sup>  | 10.65±1.58 <sup>a</sup> | 11.26±1.49 <sup>a</sup>  | 0.030   |

a,b Means in any row with no common superscript differ ( $P \leq 0.05$ ).

**Table (4):** Genitalia of male Japanese quail at 6 weeks of age with respect to dietary dexamethasone

| Item                                 | Treatments                |                            |                           | P-value |
|--------------------------------------|---------------------------|----------------------------|---------------------------|---------|
|                                      | control                   | 0.25                       | 0.50                      |         |
| Body weight (g)                      | 213.81±7.72               | 217.00±4.38                | 207.75±8.45               | 0.596   |
| Right testis weight (g)              | 3.15±0.28                 | 2.95±0.28                  | 3.46±0.54                 | 0.389   |
| Lift testis weight (g)               | 3.44±0.41                 | 3.27±0.42                  | 3.42±0.33                 | 0.777   |
| Total testes weight (g)              | 6.59±0.63                 | 6.22±0.68                  | 6.88±0.85                 | 0.556   |
| Total testes weight (%)              | 3.06±0.19                 | 2.89±0.37                  | 3.29±0.32                 | 0.663   |
| Cloacal gland area (mm) <sup>3</sup> | 521.82±19.37 <sup>a</sup> | 481.00±33.45 <sup>ab</sup> | 413.60±29.80 <sup>b</sup> | 0.042   |

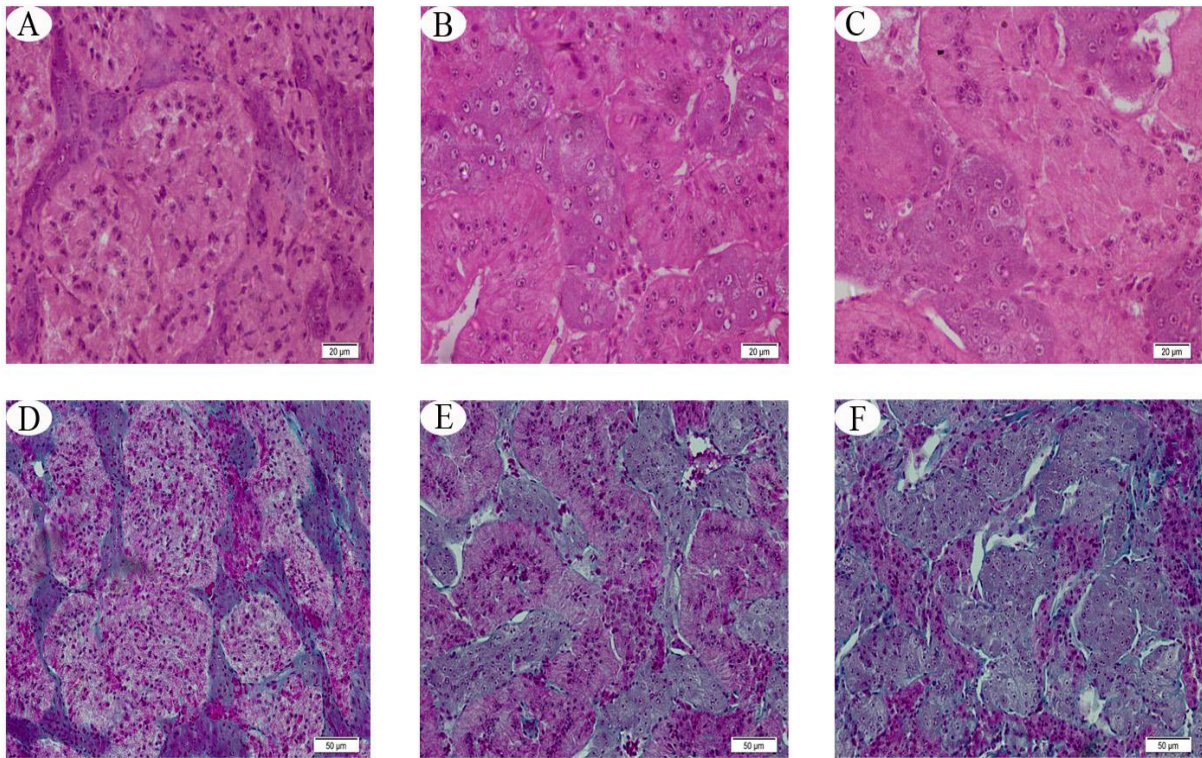
<sup>a,b</sup> Means in any row with no common superscript differ ( $P \leq 0.05$ ).



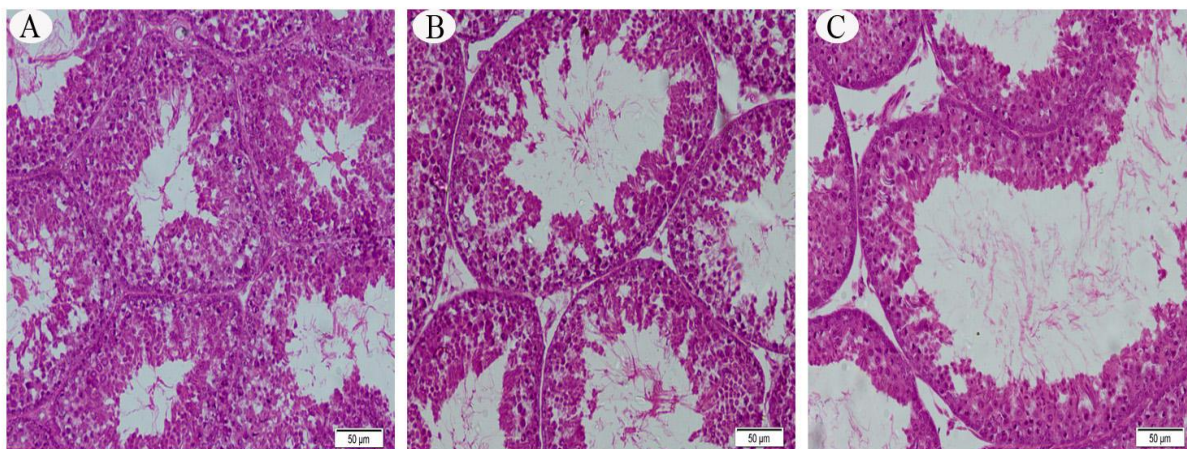
**Fig. (1):** Serum concentration of corticosterone (CORT) and testosterone (T) of male (A) and corticosterone (CORT) and estradiol-17 $\beta$  (E2) of female (B) quails at 6 weeks of age as affected by different levels of dexamethasone treatments. Values represent the means  $\pm$  S.E.M.

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**Fig. (2):** Representative photomicrograph of quail adrenal gland; A, control stained with H&E; B, low dose treatment stained with H&E; C, high dose treatment stained with H&E; D, control stained with Masson's trichrome stain; E, low dose treatment stained with Masson's trichrome stain; F, high dose treatment stained with Masson's trichrome stain.



**Fig. (3):** Representative photomicrograph of quail testis as affected by different levels of dexamethasone treatments; A, control group; B, low dose treatment; C, high dose treatment. H&E stain.

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## الملخص العربي

### تأثير المعاملة بالديكساميثازون في فترة ما قبل البلوغ الجنسي على الأداء الإنتاجي والتناسلي للسمن الياباني

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تم استخدام عدد ١٤٤ (٧٢ ذكر + ٧٢ انثى) طائر عمر ٣ اسابيع لدراسة تأثير اضافة الديكساميثازون (DEX) الى العلائق بتركيزات مختلفة على الأداء الإنتاجي والتناسلي في السمن الياباني. قسمت الطيور عشوائيا الى ثلاث مجموعات (٢٤ ذكر و ٢٤ انثى للمجموعة) وغذيت المجاميع لمدة ٣ اسابيع على النحو التالي: المجموعة الاولى تم تغذيتها على العليقة الاساسية (كنترول) دون اى اضافات، المجموعة الثانية والثالثة تم تغذيتها على العليقة الأساسية مضاف اليها DEX بمعدل ٠.٢٥ و ٠.٥٠ ملجم//كجم عليقة على التوالي. أظهرت النتائج تبكير في وضع البيض وزيادة معنوية في وزن المبيض وطول قناة البيض ومعدل وضع البيض للاناث مصحوباً بانخفاض معنوي في وزن البيض ونسبة الخصوبة في المجموعة الأعلى في مستوى الديكساميثازون (DEX). لم يتم تسجيل اى اختلافات معنوية في وزن الخصية للذكور بين المجموعات ولكن تم تسجيل انخفاض في مساحة غدة المجمع للذكور المعاملة مقارنة بالكنترول. المعاملة بالمستوى الأقل من DEX ادى الى ارتفاع معنوي ( $P \leq 0.001$ ) في مستوى هرمون قشرة غدة فوق الكلية (CORT) في دم الاناث ولكن لم يتم تسجيل اى تغيرات معنوية في دم الذكور المعاملة مقارنة بالكنترول. على العكس من ذلك، تم تسجيل زيادة معنوية ( $P \leq 0.008$ ) في مستوى الهرمون الأنثوي (الأستروجين) في دم الإناث المعاملة ، لكن لم تكن هناك تغييرات كبيرة في مستوى هرمون الذكور (تستستيرون) في دم الطيور المعاملة. ازدادت مساحة الأنسجة النخاعية في الغدة الكظرية على حساب انسجة القشرة في الطيور المعاملة بجرعة أعلى من DEX. لم تظهر في الأنابيب المنوية جميع مراحل تكوين الحيوانات المنوية في الذكور المعاملة مقارنة بالكنترول. خلصت النتائج إلى أن الأستجابة للمعاملة بالديكساميثازون في مرحلة ما قبل البلوغ الجنسي تختلف حسب الجنس والتي قد تكون بسبب ارتفاع مستويات الهرمونات المسببة للبلوغ الجنسي خلال تلك الفترة في الذكور والاناث.